



AJ BELL
World Triathlon
Championship Series
LEEDS
2022



ATHLETE GUIDE

SATURDAY

11 JUNE 2022

Saturday Sprint

TriStar

GO TRI

Sprint Relay

SUNDAY

12 JUNE 2022

Sunday Sprint

British Championship

Open Standard

Yorkshire Championships

Standard Relay

Tri-ing to take control of your financial future?

Join us for an exclusive webinar on **Wednesday 22 June at 6pm.**

AJ Bell brand ambassador, Georgia Taylor-Brown will join our expert spokespeople to find out what it really means to invest your money and answer any questions you may have.

This is investing for all.

To find out more, click [here](#).

Capital at risk
AJ Bell does not offer advice.

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AJ BELL
World Triathlon
Championship Series
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2022

Welcome

Welcome from AJ Bell 2022 World Triathlon Championship Series Leeds

We are delighted that you will be joining us in Roundhay Park on the 11 and 12 of June. This is the perfect platform for the highest standard of competition as well as personal endeavour and we look forward to you joining us for an exciting weekend of swim, bike and run action.

As an organising team, we've worked hard to ensure that our courses and entire event process have been designed to give you the best physical challenge and transform the park into the perfect setting for swim, bike and run.

There have been so many people from British Triathlon, Leeds City Council, World Triathlon and UK Sport involved in helping to make this year's event possible, and there will be even more volunteers and officials on hand across the weekend to support you. Thank you to everyone who has been, and will be, involved in making this year's event such an incredible experience.

I hope you have a great race and enjoy the Roundhay Park event!

Welcome from British Triathlon

AJ Bell 2022 World Triathlon Championship Series Leeds will once again be one of the biggest weekends of triathlon in Britain, and I'm delighted to welcome you as you join us for our sixth year in the city.

For many of us the return to post-pandemic normality doesn't quite yet feel complete and we are just building back into a new age of swim, bike, run events. In more difficult circumstances last year we were able to deliver an amazing event and we are excited to build on that for this year.

The swim, bike, run community will be on full show in Leeds and we can all be part of the action when Roundhay Park becomes the centre for the world of triathlon on 11 and 12 June.

Good luck with the rest of your training, and whatever you're aiming to get out of the event, I hope you're able to enjoy it and to achieve your personal goals.



Lindsay Impett

Event Director
WTCS Leeds



Bill James

Chair
British Triathlon

Welcome

Welcome from Leeds City Council

We are delighted to once again host the AJ Bell 2022 World Triathlon Championship Series Leeds. This is one of the biggest and best events in the city's calendar and the atmosphere and buzz it brings is unmatched.

Last year saw all races start and finish in Roundhay Park for the first time due to Covid-19 restrictions. Although it was a shame that spectator numbers were limited, it highlighted what a great setting the park is for the event and the positive impacts of having everything within the same site.

The park made such an impression that the races will set off and finish there again this year, albeit with many more excited spectators ready to cheer participants on.

The planned routes showcase the best of the park and we're proud that we will once again get the opportunity to share its beauty with the world.

I'd like to thank everyone involved in making AJ Bell 2022 World Triathlon Championship Series Leeds happen. Partners, staff, volunteers, spectators and of course, participants. It's because of you that the event continues to grow year on year.

We look forward to welcoming you to Leeds. We hope you have a fantastic weekend and that you love Roundhay Park as much as we do.



**Councillor
James Lewis**

Leader of Leeds
City Council

Welcome from UK Sport

I am delighted to be welcoming all athletes, officials and support staff to the AJ Bell 2022 World Triathlon Championship Series Leeds. The team at British Triathlon, Leeds City Council and World Triathlon have consistently delivered a fantastic event over the years and I look forward to this year being no different.

With the support of National Lottery players and Government, the UK has built a global reputation as a first-class destination for the biggest sporting occasions. As part of our new ten-year strategic plan, we want to host a programme of inspirational major sporting events that will excite new audiences and grow a more diverse and sustainable fanbase for the future of sport.

Your participation at the AJ Bell 2022 World Triathlon Championship Series Leeds is an integral part of that. We hope you enjoy racing and working here and wish you the very best.



Esther Britten

Head of Major Events
UK Sport

Welcome

Welcome from AJ Bell

We're extremely proud to sponsor the AJ Bell 2022 World Triathlon Championship Series Leeds. For those of you who don't know the name 'AJ Bell', we're one of the UK's largest, most trusted investment platforms – and we're on a mission to make investing easier. By offering low-cost ISAs, pensions and investment accounts to suit people from all walks of life, we aim to help more and more of you take control of your financial futures.

In recent years, the pandemic has highlighted not only the importance of saving and investing our money for a rainy day, but also the need to invest in our mental and physical wellbeing. We hope that by partnering with prestigious sporting events like the AJ Bell 2022 World Triathlon Championship Series Leeds, we can help to increase awareness of the positive impact that keeping active can have on people's lives.

Last year at the Tokyo Olympics, Team GB did an exceptional job of raising triathlon's profile – not just among the young, aspiring athletes who might hope to follow in their footsteps one day, but also among people who may have never considered taking on such a challenge before. The AJ Bell 2022 World Triathlon Championship Series Leeds continues that momentum, offering a chance for everyone to take on the very course – and pass over the same finish line – as the elite athletes who will be competing in Leeds' famous Roundhay Park.

I'm sure you'll agree that this fantastic event demonstrates everything that's great about sport, but one area we're particularly excited about is the introduction of the Mixed Relay race this year, providing a real showcase for how sport can be made more inclusive – and exciting – than ever before.

I'd just like to sign off by personally thanking everybody involved in pulling the event together and making it happen. This weekend is the result of an incredible effort from a huge number of people, and we're truly grateful for their efforts.

Good luck everyone!



Charlie Musson

Brand and PR Director
AJ Bell

Triathlonlive



Triathlonlive.tv

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TO WATCH LIVE AND ON DEMAND + HOURS OF ARCHIVE AND ALL NEW BONUS CONTENT



Welcome

Greetings and welcome to the AJ Bell 2022 World Triathlon Championship Series Leeds

Greetings and welcome to the AJ Bell 2022 World Triathlon Championship Series Leeds.

It is my great pleasure to be able to welcome the triathlon family back to the north of England for the sixth edition of World Triathlon Championship Series Leeds, a race and an occasion that has been a hugely popular stop on the circuit since that unforgettable debut in 2016.

Since then, the race has evolved and changed, and this year it will again take over Roundhay Park in full, just as it did for the first time last year. That means a familiar swim in Waterloo Lake, but the bike and run courses stay within the park limits, bringing long, demanding climbs, perfect opportunities for the ever vocal spectators to line the route and that final path down to the blue carpet to the finish line.

It was two of our young guns that established themselves as stars of the show here 12 months ago, local hero Alex Yee and Netherlands' Maya Kingma. As the race to become 2022 World Triathlon Champion continues to unfold, the triathlon family cannot wait to see who will take home the prizes from the stacked start lists this time around.

The new course has brought a sustainable solution to the staging of the World Triathlon Championship Series Leeds event, something that is at the heart of the way the Local Organising Committee, side by side with World Triathlon, stages its races. In April, this LOC became the first ever to submit its application for World Triathlon Sustainability Certification, and it is a source of great pride to work with stakeholders that are taking their responsibilities to the planet so seriously.

As ever here in Leeds, the action won't be confined to the Elites. The weekend will feature something for triathlon enthusiasts of all ages and abilities, and it is through such great occasions and opportunities that we can continue to underline triathlon's accessibility as a sport that anyone and everyone can enjoy, regardless of age or gender.

I would like to thank the Local Organising Committee, British Triathlon and the city and people of Leeds for bringing another great triathlon weekend together, and all of the volunteers for their hard work. I wish everybody the best of luck over the coming days and hope that you enjoy this beautiful city safely and responsibly as it hosts the spectacle of the World Triathlon Championship Series.

Yours in Sport.



Marisol Casado

World Triathlon
President
IOC Member

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Covid code of conduct

Working together we can make this a safer event for everyone and make everyone on site feel comfortable and assured.

Please work with us and acknowledge the following steps:

 **Please do not attend the event if you feel unwell or have any Covid-19 symptoms**

 **Consider booking your COVID-19 vaccine or booster prior to the event**

 **Wash hands regularly**

 **Please wear a face covering in crowded places or if you are a vulnerable person**

 **Follow advice of stewards and marshals for yours and others safety**

At a glance

We know that come race day your mind will be on your race, but there's a whole day's worth of activity taking place across AJ Bell 2022 World Triathlon Championship Series Leeds for you to get involved with. Please read this page carefully in order to come to the event fully prepared, knowing everything you need to do.

Before your journey

- Take a look at your arrival time, registration time, transition check-in time and start time to ensure you arrive at the correct time.
- Pack and prepare all of your event and race equipment.
- Make sure you have some photo ID with you for registration

Journey

- Car Parking is on Soldiers Field.
- Go to your allocated registration booth. Your allocated number will be texted and emailed to you prior to the event.
- Prepare your bike and helmet with stickers and head towards transition.
- Stick to your arrival time, registration time and transition check-in time.
- Follow signs from transition straight to swim start.

Registration

- You will be allocated a registration booth number which will be texted and emailed to you prior to the event.
- Head to your registration booth to sign in.
- Please bring photo ID or your British Triathlon membership card to present at registration.

Merchandise

- If you haven't purchased the Official Event Technical T-shirt and Hoodie, you still can through our online shop or simply buy it on the day at the Merchandise Stand.
- Stock will be limited. If you pre-purchase items for collection at the event, these will be available for you to collect at the Merchandise Stand.

MERCHANDISE

Collect your hired gear

- If you have hired a bike or wetsuit for your race, please collect it from the Event Village once you have registered.
- This cannot be purchased on the day. Please ensure you book in advance to avoid disappointment.
- You will need your booking reference to collect your bike and suit hire.

At a glance

Race

- Look out for our event photographers as you swim, bike and run your way around Roundhay Park for those all-important **FREE** race photos, courtesy of Yellow Jersey. You can find your photos online using this link below.
- You will be awarded your hard earned AJ Bell 2022 World Triathlon Championship Series Leeds medal once you cross the finish line.

Explore the event village

- The Event Village will be a hub of activity for you to explore throughout the day.
- With a range of food outlets as well as a number of triathlon retailers and British Triathlon Partners on hand for you to visit, the Event Village will be the ideal place to be when you're not racing.
- There will also be a big screen where you can watch medal ceremonies and races.
- Keep your eye on all the action on the stage for further entertainment!

British Triathlon zone

- Swing by the British Triathlon Membership tent and meet the team who will be on hand to answer any membership queries you have.
- Current members will receive their £5 off food & drink voucher at registration and have the chance to win some great prizes by picking up a free scratchcard.

Elite races

- Soak up the atmosphere after your race and watch the world's top athletes go head-to-head in the Elite Races at the end of each event day.
- You can leave your bike safely in the Yellow Jersey bike park and grab your spot behind the barriers along the route or find a space in the Event Village to relax and watch the action on the big screen.
- Grandstand tickets are available to watch the elite races from the best seats in the house from here:

Ceremonies

- Age Group medal ceremonies will return this year at the event village – timings of which can be found on page 41.
- Medal ceremonies will also be streamed live onto the big screens across the Event Village.



BRITISH
TRIATHLON

PRIZES TO BE WON

**Visit the Membership Team
in the Event Village to pick up
your free scratchcard
- Everyone's invited!**

Top prizes include:

- Wahoo Kickr Snap Bike Trainer (RRP £429.99)
- OTE Sports products
- Pelotan bundles
- British Triathlon merchandise

Are you a British Triathlon member?

Don't forget to use your
£5 food and drink voucher.





AJBELL
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LEEDS
2022



Event Map

-  Route to Swim Start
-  Route from Car Park to Event Village and Registration
-  Venue Exit



Big Screen



Information Point



Event Merchandise



Toilets



Spectator Viewing Areas within the Park

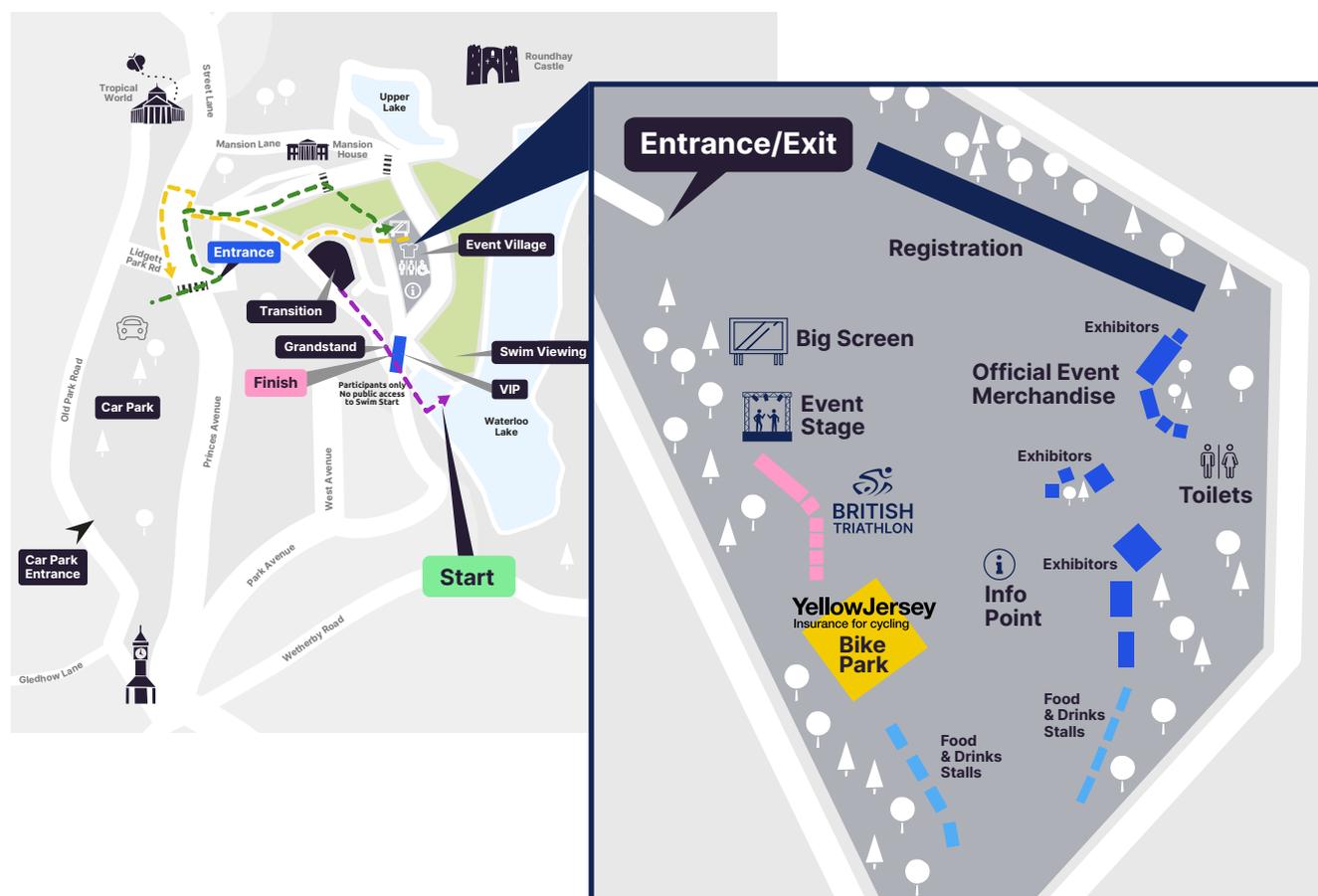


Crossing Points

Live and on-demand at
[Triathlonlive.tv](https://www.comcastsportsnet.com/leeds2022)



Event village



Exhibitors

OTE Sports
Big Bobble Hats
David Fielding Massage
TRI-FIT Athletic
Leeds Active
Age Group Kit Shop
Nirvana Europe
Leeds Hospitals Charity
HUUB
Decathlon
Ursus
Bike Park
Riixo
Run For All
Leeds Rugby Foundation
West Yorkshire Police

Official event merchandise

Scimitar Sports

Food and drink stalls

Throughout the day, our food concessions will be offering a variety of high quality, local artisan food ranging from breakfast rolls through to fish and chips and gourmet burgers. Vegan and vegetarian options.

Hot beverages will be available from the moment you arrive at the event to keep you fuelled for the day. With something for everyone, come down to discover the variety of options!

BE PART OF THE AGE-GROUP FAMILY

**SNEAK PEAK AT
OUR NEW TRISUIT**
See it at the
Event Village

**An opportunity to compete for European and
World Championship medals against fellow
competitors within your age group category.**

THERE'S SOMETHING FOR EVERYONE

TRIATHLON	Swim > Bike > Run
DUATHLON	Run > Bike > Run
AQUATHLON	Swim > Run
AQUABIKE	Swim > Bike
CROSS TRIATHLON	Swim > Mountain Bike > Trail Run
CROSS DUATHLON	Trail Run > Mountain Bike > Trail Run
WINTER TRIATHLON	Run > Mountain Bike > Cross-country Ski

Already part of the Age-Group Team?

[Visit the official online store >](#)

MEET THE TEAM

**Come and say hello to the Age-Group
team in the Event Village across the
event weekend to access:**



Age-Group merchandise shop



Team photo competition



Kit recycling point



Sustainability

Triathlon is a sport that benefits from having natural environments to swim, bike and run in, with lakes, parks and open countryside often forming the backdrop to events. British Triathlon are proud to be working towards delivering a sustainable event in partnership with World Triathlon. AJ Bell 2022 World Triathlon Championship Series Leeds includes a wide range of sustainability initiatives, some of which you will see and some you won't.

Every effort has been made to incorporate sustainability into every aspect of the AJ Bell 2022 World Triathlon Championship Series Leeds. This is all part of the wider World Triathlon Sustainability Certificate which the organising committee for this event is the first ever to submit its application for the award. We thank you for your support in making AJ Bell 2022 World Triathlon Championship Series Leeds more sustainable.

What you'll get

Participant medals for this year's event will be made from sustainably sourced British wood and sourced from a carbon neutral supplier, minimising the environmental impact throughout production.

The wood is from FSC certified forests in South Wales, meaning that the forest is being managed in a way that preserves biological diversity with the wood harvested to ensure sustainability of the forest and forest ecology.

Alongside the medal, you'll also receive a specially designed pair of socks made from recycled plastic. They'll feature the unique styling of AJ Bell 2022 World Triathlon Championship Series Leeds and come in fully compostable packaging.

Aid Stations this year will follow a rigorous process to ensure any plastic cups are recycled or replaced with paper or biodegradable cups. In the recovery zone after your race, you will notice the bottles are made of recycled materials, compostable plastic or recyclable cartons made from cardboard.

What you can buy

Also forming part of the event's environmental actions, merchandise available to participants is from a variety of sustainable sources, helping you to look good and make more sustainable choices.

The range on offer will include a ¼ zip top and technical t-shirt made from recycled plastic bottles and hoodies made of sustainable organic cotton.

The catering concessions in the Event Village have their own sustainability policy, which includes composting coffee grounds, recycling responsibly, sourcing ingredients from local suppliers, and using recyclable or biodegradable packaging.

What you won't see

As well as these changes for participants and event visitors, there are a number of sustainable initiatives behind the scenes, including using a CO2 emissions app to measure the impact of certain elements at the event and helping us to reduce this in future years; reusing event signage or, where required, purchasing new signage made from recyclable materials; and all event staff using refillable water bottles throughout the week.

While you will only see single bins across the site, our Waste Management for the weekend will see all waste collected and sorted at the Leeds City Council waste plants. Here, waste will be efficiently separated into recyclables and non-recyclables to ensure only a small amount waste goes to landfill.

Additionally, event staff will use electric scooters and electric or hybrid vehicles to maneuver around the site, reducing carbon emissions. Elite athletes and officials will also use shared transport from event hotels to Roundhay Park.

Old and unused kit? Donate now!



UNIVERSITY OF LEEDS

Help us support students in South Africa by donating your unwanted cycling clothing!

We are proud to be working with The University of Leeds who are looking for cycling clothing in good condition (bib shorts, jerseys and gloves especially) to help support their successful Bambisanani project.

Bambisanani is Zulu for 'working hand in hand' and the project uses sport to inspire and motivate students. Staff and students from the University have close connections with the project where they deliver sports leadership

training, academic lessons and deliver sport in local primary schools and orphanages. Mnyakanya High School is located in one of the most deprived areas of South Africa and serves a vast area, with many students walking two hours to and from school each day. Since 2015 the University of Leeds has been working hard to provide students with cycling facilities, a sustainable solution to help shorten travel time and help more children get access to an education.

Help us support global education by donating your unwanted cycling clothing. Please bring your donations to the University of Leeds tent in the Event Village on the 11th and 12th June!

Read more about the project here:

Pre-event

Confirmation of entry

All competitors who have registered for the event will have received a confirmation email. If you have not received this yet, please email leeds@britishtriathlon.org

What if I want to withdraw?

If you wish to withdraw before the race day, please inform us by emailing leeds@britishtriathlon.org

Race day checklist

To ensure you have a smooth race day, here we've listed the essential items to pack.

For Registration

- Photo ID
- Your registration booth number - this will be emailed and texted to you
- If you have one, your valid British Triathlon Home Nation Membership Card
- This athlete guide, to help you with last minute details

For the Swim

- Wetsuit
- Swimming goggles
- Some wetsuit-specific lubricant, to stop your wetsuit chafing
- Trisuit/swimwear

For the Bike

- Bike, in a road worthy condition and bike shoes (if you use them)
- Race belt, if you use one
- Bike helmet – you won't be allowed to cycle without one
- Trisuit/clothing
- Drinks bottle
- Any gels or nutrition you might need
- Sunglasses (should you wish to wear them)
- Bike tool
- Puncture repair kit/spare inner tube

For the Run

- Running trainers
- Any gels or nutrition you might need
- A cap and/or sunglasses (should you wish to wear them) in case of sunny weather

Things you may forget

- A change of kit, so you can stay dry and warm after your race
- Towel

Pre-event

Accommodation & travel

Accommodation

There are plenty of options to stay in and around Leeds if you aren't local. Book early to avoid disappointment.

As the Official GB Team Travel Partner, Nirvana are the number-one choice for AJ Bell 2022 WTCS Leeds event accommodation. For more information and to get in touch:

Travel

Plan your journey ahead of time. Saturday and Sunday's races will take place within Roundhay Park and its surrounding roads. Please note: there will be road closures on approach to Roundhay Park.

Plan a sustainable journey. Lift share or use public transport where possible. There are bus stops surrounding Roundhay Park and plenty of bike racks should you cycle in.

The event car park will be on Soldiers Field. You can find a more detailed map of the event car park at the back of this guide.

[VIEW EVENT MAP HERE](#)

Getting to Leeds is incredibly easy; it's one of the country's most accessible cities, in the heart of Great Britain. If you need any advice on how to get to Leeds, be it by car, train or plane, please visit the '**GETTING TO LEEDS**' page on our event website, leeds.triathlon.org/the_city_of_leeds/getting_to_leeds

Equipment hire

Bike hire

Need a bike for the event? British Bike Hire offer a full range of rental bikes, with collection and drop off at the event village in Roundhay Park

Wetsuit hire

Still need a wetsuit? HUUB, the official wetsuit and swimwear partner of British Triathlon, are offering Event Wetsuit Hire for £60, plus a £139.99 refundable deposit.

Event Hire Wetsuits can only be pre-ordered online from now upto Sunday 3 June and will then be ready for collection at the event on 11-12 June 2022.

Wetsuits must be pre-ordered in advance and cannot be hired on the day of the event. You can collect your wetsuits from the HUUB Stand in the event village (please bring your order number).

Are you insured?

Yellow Jersey are offering event day insurance for just £10. To add Yellow Jersey insurance to your race entry, log into your event entry at myevents.active.com and click on 'Purchase Merchandise' at the bottom of your entry summary.

Or, even better, become a member of British Triathlon where you can get up to 25% off all of Yellow Jersey's bicycle and travel insurance policies.

ORDER YOUR EVENT THREADS

Buy your official event merchandise as a lasting memento of your race experience in Leeds!



Either pre-order your merchandise now to collect free from the event or visit the Merchandise Stand in the Event Village across the weekend.

If you have any merchandise queries please email the team on info@britishtriathlon.shop

V O L V O

The shape of things to come. 100% electric C40 Recharge

274 mile range. Google built in. Pixel Light Technology. With our new leather-free fabric made from sustainable materials, redefining luxury.

Meet the future of Volvo Cars: the fully electric C40 Recharge.



Fuel consumption and Emissions for the Volvo C40 Recharge: WLTP electric energy consumption 2.8– 3.4 miles/kWh. Equivalent all electric range 252.3 – 274 miles.

Figures shown are for comparability purposes; only compare equivalent electric range figures with other cars tested to the same technical procedures. The Volvo C40 Recharge requires mains electricity for charging. These figures may not reflect real life driving results, which will depend upon a number of factors including the accessories fitted (post-registration), variations in weather, driving styles and vehicle load.

Event day

Please ensure you arrive at the venue entrance in line with your allocated arrival time and in plenty of time to register and check into transition with the times provided to you.

Travel advice

Plan your journey ahead of time. Saturday and Sunday's races will take place within Roundhay Park and its surrounding roads. Please note: there will be road closures on approach to Roundhay Park (see further details below).

Plan a sustainable journey. Lift share or use public transport where possible. There are bus stops surrounding Roundhay Park and plenty of bike racks should you cycle in.

The event car park will be on Soldiers Field. This is free for competitors. The address for this car park is Old Park Road, LS8 1JB (Please check travel route in advance - the post code won't take you to the exact location as it is not used as a car park everyday).

There will be stewards and signage to show you where to park and how to get from there to the Event Village. Car Parking can be seen on the Event Map in this guide.

[VIEW EVENT MAP HERE](#)

Getting to Leeds is incredibly easy; it's one of the country's most accessible cities, in the heart of Great Britain. If you need any advice on how to get to Leeds, be it by car, train or plane, please visit the '**GETTING TO LEEDS**' page on our event website, leeds.triathlon.org/the_city_of_leeds/getting_to_leeds

Road closures

To ensure the event runs smoothly there will be road closures in place and changes to public transport over the weekend. Please make sure you plan your journey in advance. See the detailed map at the back of this guide.

An interactive map showing affected routes is available.

Disabled access

If you require disabled access to Roundhay Park, please let us know via leeds@britishtriathlon.org and we will discuss how we best accommodate your needs.

Specific blue badge car parking will be provided as close as possible to the venue entrance. Please show your blue badge to a car park steward and they will direct you. The route from the car park to the Event Village in Roundhay Park is wheelchair friendly with ramps to avoid steps.

Please note that the majority of the Roundhay Park venue is on grass.

Event day

Registration

Registration will take place in the Roundhay Park Event Village from 06:30 on Saturday 11 June and 05:30 on Sunday 12 June.

You will be provided with:

- A venue entry time (approximately 90 minutes prior to your race start)
- A registration time
- A transition check-in time
- Your race start time

We'd be grateful if you could pay special attention to these times to help allow for crowd control and ensure you have a safe and smooth experience on race day.

In order to register, you will need your registration booth number, photo ID or a valid British Triathlon Home Nations Membership Card. If you do not have or fail to bring your valid membership card, you will have to purchase a day membership (£6 for adults ages 20+, £1 for children ages 8-19). you can do this before the event by logging in at **myevents.active.com** and clicking 'Purchase Merchandise' which is at the bottom of your entry summary. Here you will be able to retrospectively purchase a Day Membership.

Participating in the GO TRI event? Don't worry, you're already covered for public liability so don't need to purchase anything in addition - just bring your photo ID along to the registration desk!

Race numbers and start times will be announced on Thursday 26 May. Remember, you must register in person - nobody else can do this for you.

Individual race pack

At registration, you will be given your personal race pack. This will include:

- **Wristband**
(must be worn to access and exit transition)
- **Race Bib Number**
(worn on the back for cycling and on the front for running - the use of a race belt is advised).
- **Bike Number Sticker**
(please attach to your seat post)
- **Helmet Number Stickers**
(please attach to the front and sides of your helmet)
- **Swim Hat**
- **Timing Chip and Strap**
(to be worn on left ankle)
- **Safety Pins**
(available on request)

Registration staff will be on hand to advise how to attach any of the above items.

Event day

Relay team race pack

One team member, preferably the team captain, should come to registration to register on behalf of the team and collect the race pack. This will include:

- **3 x Wristbands**
(One for each team member access and exit transition)
- **2 x Race Bib Numbers**
(One worn on the back of cyclist and one worn on the front of runner)
- **Bike Number Sticker**
(Please attach to cyclist's seat post)
- **Helmet Number Stickers**
(Please attach to the front and sides of cyclist's helmet)
- **Swim Hat**
- **1 Timing Chip and Strap**
(To be worn on the left ankle)
- **Safety Pins**
(Available on request)

Race briefing

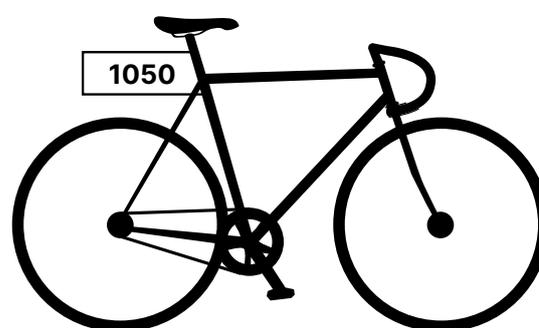
This guide acts as your main race briefing, so please read carefully!

A 'Key Points Reminder' briefing will be given at the swim start before each wave. Please ensure you get to the swim start at the time you have been allocated.

Where to place your stickers

Bike

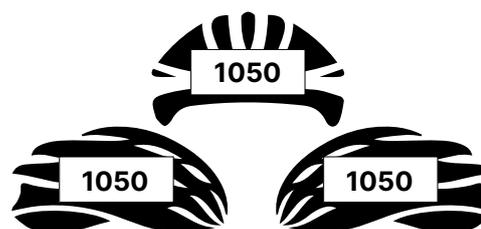
Attach to your bike around the seat post as shown below.



DO NOT REMOVE UNTIL YOU HAVE CHECKED YOUR BIKE OUT OF TRANSITION

Helmet

To be worn on the front, left and right of your helmet.



MAKE SURE THIS IS ON YOUR HELMET WHEN YOU ENTER TRANSITION

Event day

Race numbers

In your race pack you will be issued with a pack of race numbers; these must not be altered. Your bib number should be worn facing backwards on the bike and facing forwards on the run. The bib number does not need to be worn during the swim. Failure to display your number correctly could lead to a time penalty.

Please fill in the medical details on the reverse of your bib number so volunteers and medical have this information if necessary.

TOP TIP :

A race number belt can be used to easily transfer your race number from your back during the bike, to the front for the run. If you use a race number belt, you can either wear this under your wetsuit, or you can leave it with your bike until you enter the transition area following your swim.

No bag drop

IMPORTANT:

Due to Covid-19 mitigation measures, there will be no 'bag drop' like in previous years. We are allowing competitors to store one small box or bag in their transition area, so long as it's no bigger than 50cm x 40cm x 20cm in size. Please only bring what you need for racing, plus some warm clothes to change into once you've crossed the line.

Transition check-in and bike racking

Transition check-in will be open on Saturday 11 June from 06:30 and on Sunday 12 June from 05:30. You will need the wristband given at registration to access transition.

All races use the main transition area next to the Event Village.

Please be aware of athletes racing when you enter transition to rack your bike. Transition is a live race location from 08:00 on Saturday 11 and 07:00 on Sunday 12 June.

Your bike and helmet must have your race number stickers clearly visible on them and your corresponding wristband will be checked. Helmets must be worn and fastened whenever you are handling your bike within the transition area.

Each competitor is allocated a numbered transition space, which is ordered according to your race and start wave. This will be confirmed closer to the event.

Your transition space is for you to leave your race equipment. Due to a 'bag drop' not being available this year, we will also allow competitors to use a transition box to store any non-race equipment.

Event day

Electronic race timing

This event uses electronic chip timing. Once issued with your chip at registration, ensure you do not get it mixed up with someone else's. Wear the timing chip on your left ankle.

Please ensure you only cross timing mats whilst you are racing, or when instructed to by a marshal at the swim start, so that your race results aren't affected.

You must return your timing chip to the volunteers in the finish area at the end of your race. Be aware that you will be charged for a missing chip.

Please help our volunteers by removing your own timing chip once you've finished. Remove the chip from the ankle strap and place into the correct bucket.

Our volunteers will be able to direct you if you have any questions.

Getting to the swim start

Many of the paths within Roundhay Park are used as race routes and so we have designated a specific route to swim start - see venue map at end of guide.

Once you have checked into transition on race day, you will not be able to leave to go back to the event village - from here you'll go straight to swim start.

Please follow the signage and marshals' instructions for a smooth start to your race experience. Competitor-only toilets are available at swim start.

Merchandise

If you wish to purchase merchandise you can do so either at the event weekend from the Scimitar Merchandise Stand in the Event Village, or via the official Event Shop here:

If you have pre-purchased any merchandise for collection at the event, this can be collected at the Scimitar Merchandise Stand. Please bring your purchase email confirmation to collect.

If for any reason you are unable to collect, please email info@britishtriathlon.shop

Withdrawal on race day

Pre-Race

If you wish to withdraw from the race prior to your start (but after you have registered), please inform the help desk at registration and return your timing chip. If you do not return your timing chip you will be charged for its replacement.

It is important that you let us know if you are no longer racing so that all athletes are accounted for and we know you are safe.

During the race

If you feel the need to withdraw at any point during the race, please do so. It is vital that you inform the nearest marshal or Technical Official, so we know you are safe. Make sure you hand your timing chip to them, too.

Event day

Race distances & laps

		SWIM	BIKE	RUN
SATURDAY	TriStar 2	200m	5km - 1 lap	1.7km-1 lap
	TriStar 3	300m	5km - 1 lap	2.5km-1 lap
	GO TRI	200m	9.5km - 2 laps	2.5km - 1 lap
	Youth	200m	9.5km - 2 laps	2.5km - 1 lap
	Sprint	750m	18.4km - 4 laps	5km - 2 laps
SUNDAY	British Championships, Open Standard and Yorkshire Championships	1500m	36.2km - 2 laps	10.3km - 3 laps
	Sprint	750m	18.3km - 1 lap	5km - 2 laps

GO TRI event day

Hello GO TRIers!

Whether this is your first taste of triathlon or you've been enjoying swim, bike, run for a while, we're so excited to have you join as a GO TRIer at AJ Bell 2022 World Triathlon Championship Series Leeds.

We know it can be a bit nervy coming to an event but, having entered, you've taken one of the hardest steps to completing a triathlon in deciding to take on the challenge, and we'll be with you every step of the way to help you achieve it.

We'll be on hand to support you on 11 June from the moment you arrive, with a team of Swim, Bike, Run Ambassadors and volunteers on hand at Roundhay Park to answer questions, settle those last minute nerves that all triathletes feel on event day and helping to get you ready to start.

Our team will be with you throughout your experience, guiding you through the important Covid-19 safety processes, registering, getting set up in transition and encouraging you from start to finish around the course.

There will be a medal waiting for you at the finish line. A stunning setting for you to achieve your goal and complete the race, giving you the opportunity to cross the same finish line as the elites.

This opportunity is tailored specifically to make triathlon accessible to as many people as possible, helping you to build your confidence in swim, bike, run.

Most importantly though, we want you to have fun and enjoy the experience.

If you need to hire a wetsuit, then we've got a limited number to lend out specifically for GO TRI participants to help you to take part. If you'd like to borrow one for the day, please email leeds@britishtriathlon.org.

The GO TRI in Leeds is one of the highlights of my year because I get to see so many GOTRIers taking their first steps in triathlon and see their celebrations and relief as they cross the finish line. This year will be no different, so get your celebration ready for that finish line feeling.

See you in the park!

Jenny Vincent

Head of Participation at British Triathlon

Event schedule

Saturday		Please note, these times are subject to change.			
Race	Start Wave	Swim Cap	Reg	Check In	Swim Start
Mixed Open Sprint 1	1		06:40	07:00	08:00
Mixed Open Sprint 2	2		06:45	07:05	08:05
Mixed Open Sprint 3	3		06:50	07:10	08:10
Mixed Open Sprint 4	4		06:55	07:15	08:15
Mixed Open Sprint 5	5		07:00	07:20	08:20
Mixed Open Sprint 6 - Sprint Relays and AJ Bell Sprint	6		07:05	07:25	08:25
GO TRI Wave - Mixed	7		07:25	07:45	08:45
GO TRI Wave - Mixed	8		07:30	07:50	08:50
GO TRI - This Girl Can 1	9		07:35	07:55	08:55
GO TRI - This Girl Can 2	10		07:40	08:00	09:00
Family Swim-Run	11		08:10	08:30	09:30
Kids Swim-Run	12		08:25	08:45	09:45
TriStar 2 Boys	13		08:55	09:15	10:15
TriStar 2 Girls	14		09:00	09:20	10:20
TriStar 3 Boys	15		09:25	09:45	10:45
TriStar 3 Girls	16		09:30	09:50	10:50
Youth Male	17		09:55	10:15	11:15
Youth Female	18		10:00	10:20	11:20
Super Series Men	19		10:25	10:45	11:45
Super Series Women	20		11:05	11:25	12:25
Elite Male Sprint	ELITE	ELITE			14:00
Elite Female Sprint	ELITE	ELITE			15:45

Event schedule

Sunday					
Please note, these times are subject to change.					
Race	Start Wave	Swim Cap	Reg	Check In	Swim Start
Age Group Championship Standard - Male U20 and 20-24	1		05:40	06:00	07:00
Age Group Championship Standard - Male 25-29	2		05:45	06:05	07:05
Age Group Championship Standard - Male 30-34	3		05:50	06:10	07:10
Age Group Championship Standard - Male 35-39	4		05:55	06:15	07:15
Age Group Championship Standard - Male 40-44	5		06:00	06:20	07:20
Age Group Championship Standard - Male 45-49	6		06:05	06:25	07:25
Age Group Championship Standard - Male 50-54	7		06:10	06:30	07:30
Age Group Championship Standard - Male 55-59 and 60 - 64	8		06:15	06:35	07:35
Age Group Championship Standard - Male 65+	9		06:20	06:40	07:40
Age Group Championship Standard - Female U20 and 20-24 and 25 - 29 and 30 - 34	10		06:40	07:00	08:00
Age Group Championship Standard - Female 35 - 39 and 40 - 44	11		06:45	07:05	08:05
Age Group Championship Standard - Female 45 - 49 and 50 - 54	12		06:50	07:10	08:10
Age Group Championship Standard - Female 55+	13		06:55	07:15	08:15
Yorkshire Standard Distance Championships	14		07:00	07:20	08:20
Standard Distance Relays / Open Standard Distance	15		07:05	07:25	08:25
Mixed Open Sprint 1	16		07:30	07:50	08:50
Mixed Open Sprint 2	17		07:35	07:55	08:55
Mixed Open Sprint 3 / Sprint Relays / Corporate Relays	18		07:40	08:00	09:00
Elite Mixed Team Relay	ELITE				13:25

Event day - Swim

Start times and swim cap colours

Start times will be available on the website closer to the event and sent to you via email.

You will be issued with a coloured swim cap in your race pack at registration which must be worn as this identifies your swim wave to our water safety team.

Make sure you check your start time and don't just follow other hats of the same colour! There will be several other waves with your colour swim hat.



Swim start procedure

Marshals will be on hand to help participants walk forward from transition in waves. Participants will initially have a short safety briefing and then be asked to enter the water on the pontoon feet first and hold onto the side.

Participants will be given a 30 second warning and then they will start the event under the instruction of the race starter and the sound of a starter horn.

Course

TRISTAR 2:

Complete a 1 lap 200m swim.

TRISTAR 3:

Complete a 1 lap 300m swim.

SPRINT:

complete a 1 lap 750m swim.

GO TRI:

complete a 1 lap 200m swim.

YOUTH:

Complete a 1 lap 200m swim.

The swim course is anti-clockwise, see course maps at the end of this guide for more information.

BRITISH CHAMPIONSHIP, OPEN STANDARD AND YORKSHIRE CHAMPIONSHIPS:

Complete a 1 lap 1500m swim.

Event day - Swim

Wetsuit rules

Wetsuit rules are, as per British Triathlon Competition Rules (section 4), dependent on water temperature:

< 14°C

Wetsuits Mandatory

14°C - 21.9°C

Wetsuits Recommended (Mandatory for GO TRI Competitors)

> 22°C

Wetsuits Banned (this is highly unlikely)

New Rule:

Wetsuit thickness cannot exceed 5mm

New Rule:

60 yrs and above not allowed wetsuits if the water temperature is above 24.6 Celsius.

Clothing rules

As per British Triathlon Competition Rules (section 4):

- Athletes **cannot** wear calf guards if wetsuits are not permitted for the event.
- Athletes **can** wear calf guards if wetsuits are permitted for the event, regardless of whether they are wearing a wetsuit or not.
- Athletes **can** wear socks during the swim if water is below 14°C.
- Athletes **cannot** wear gloves during the swim.

Swim safety

On the swim course, there will be a large swim safety team to support competitors.

Should you require any assistance or want to pull out of the race during the swim, lie on your back and raise your arm in the air and a kayak will come to assist you. Don't panic, your wetsuit will help aid your buoyancy.

If you withdraw during the swim, it is vital you report to a marshal immediately to let us know that you're safe and hand in your timing chip.

Swim to bike transition

Once out of the swim, follow the 400m carpeted route to transition to collect your bike.

Take care when running as the carpet can become slippery when wet. You may begin to roll down your wetsuit as soon as you leave the water, ensuring not to impede other competitors. Please remember however, that nudity is not permitted in transition or at any point on the course.

REMEMBER:

Put your helmet on first before touching your bike.



**beyond
swim**

GREAT PRIZES TO BE WON

**Come and find us in the
Event Village to find out more.**

**20% off every time you swim.
Find your nearest Beyond Swim venue.**

Event day - Bike

Course

TRISTAR 2:

Complete 1 lap of 5km for a total distance of 5km

TRISTAR 3:

Complete 1 lap of 5km for a total distance of 5km

GO TRI:

Complete 2 laps for a total distance of 9.5km

YOUTH:

Complete 2 laps for a total distance of 9.5km

SPRINT SATURDAY:

Complete 4 laps for a total distance of 18.5km

SPRINT SUNDAY:

Complete 1 lap for a total distance of 18.3km

STANDARD:

Complete 2 laps for a total distance of 36.2km

Please see the course maps at the end of this document for more information. Remember, it is your responsibility to count your own laps.

Things to remember

- Please **cycle on the left-hand side** of the lane at all times, and overtake on the right.
- When approaching dead turns, please be aware of other riders around you. **Do not try and overtake someone near a dead turn as it is highly dangerous.**
- Whilst the event is entirely on closed roads, the public will still be crossing the course so **please be aware** of this.
- Competitors are responsible for riding in a safe and responsible manner to ensure the safety of themselves, other athletes and the public.
- Any **dangerous riding will result in a penalty** or even disqualification. Motorcycle Officials will be monitoring the course throughout.
- **Helmets are mandatory**, and must be worn clipped up at all times during the bike stage.
- Helmets must be **put on in transition before you touch your bike**, and only taken off once your bike has been racked again in transition.
- Smart helmets are not permitted.
- Please make sure your **race number is clearly shown on your back** before leaving transition.

REMEMBER:

When setting up your bike in transition before the race, make sure you take time to familiarise yourself with its position on the racks. This will massively speed up transition when you come in from the swim.

Event day - Bike

Bike out – mount line

Always follow the signage and marshal instructions to bike out and to the 'mount line'.

You may only mount your bike AFTER you have crossed the 'mount line', which will be clearly marked with tape and marshalled by Technical Officials. Bikes must be pushed until you are over this line.

REMEMBER:

Set your bike up in a LOW GEAR to make it easy to start your cycle (especially important on this course as you will be going up a hill shortly after the mount line).

Bike in – dismount line

After completing your final lap, head back into transition where you will be instructed to dismount BEFORE the line. Again, this will be marked on the floor in tape and marshalled by Technical Officials. Bikes must be returned to the same racking position and helmets may only be removed once your bike is racked.

REMEMBER:

Ensure you approach the dismount line with caution as it is positioned at the bottom of a steep hill. Any dangerous riding will be penalised.

Bike safety and medical support

There will be medical support at strategic points along the bike course, please inform the nearest volunteer if you require medical attention. There will NOT be any mechanical support on the bike course and no aid stations. You must carry your own fluids on the bike.

Make sure your bike is in a roadworthy condition for the event - you will need to fix your own flat tyres if necessary.

A bike mechanic will be present in the Roundhay Park Event Village for any last minute pre-race checks which can be addressed at a cost.

If you need to withdraw, please hand your timing chip back to the Help Desk if possible, or to the nearest official if not.

FREE BICYCLE PARKING



Athletes and spectators can park their bikes for free with Yellow Jersey. Look out for the signs in the event village

Yellow Jersey

#FREEYOURRIDE

Event day - Bike

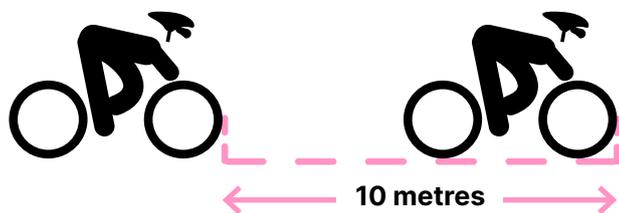
Drafting

The following events are non drafting events:

- Sprint Saturday and Sunday
- Age Group British Championships Standard Distance
- Open Standard Distance
- All Relays
- Yorkshire Championships
- All GO TRI Events

Drafting is cycling close to the bike in front and thereby gaining an advantage.

All races are non-drafting, as per British Triathlon Competition Rules. This means you cannot cycle closer than 10m from the bike in front of you, nor prevent overtaking.



An athlete may enter the draft zone of another athlete, but must be seen to be progressing through that zone.

A maximum of 20 seconds will be allowed to pass through the zone of another athlete; if you remain in this zone without overtaking, you will receive a penalty. If overtaken, it is up to the overtaken athlete to drop back 10m within 20 seconds, so that they are not drafting.

For more information on the rules of drafting, please read **Section 5 of the British Triathlon Competition Rules.**

Gear restrictions

For full details on gear restrictions for Tristar 2, Tristar 3 and Youth races, please follow this link:

Event day - Run

Course

TRISTAR 2:

Complete 1 lap of 1.7km.

TRISTAR 3:

Complete 1 lap of 2.5km.

GO TRI:

Complete 1 lap of 2.5km.

YOUTH:

Complete 1 lap of 2.5km.

STANDARD:

Complete 3 laps for a total distance of 10km.

SPRINT:

Complete 2 laps for a total distance of 5km.

For all participants completing 1 lap, on the approach to the finish line for the first time, please head straight ahead to the finish.

For all participants completing 2 laps, you will head to the finish on your second approach to the finish area.

For all participants completing 3 laps, you will head to the finish on your third approach to the finish area.

Please see course maps at the end of this document for more detail. Remember, it is the competitor's responsibility to know the route and where their turn point is. Any athlete who does not complete the correct distance will be disqualified.

Rules

Whilst running, your race number must be worn on your front.

No personal music and communication devices are permitted, this includes bone conducting headphones.

Please be courteous to other park users. Where possible, marshals and signage will be in position to advise public of the event in progress.

Aid stations

There will be 1 aid station on every lap positioned close to the transition run exit.

Run safety

There will be medical support at strategic points along the run course, please inform the nearest volunteer if you require medical attention. It is important that if you withdraw you tell us; we want to know you're safe! Remember to return your timing chip.

TOP TIP :

Your trainers should be properly fitted and should be comfortable for running.

You could use elastic laces which will help save a lot of time in transition. Whatever you do, do not wear brand new trainers on race day!

Event day - Relay and finish

Relay teams

A relay team can consist of 2 or 3 participants. Only 2 participants can be in the transition area at any one time.

The relay tag point is at your numbered transition position.

The swimmer should take the chip off their ankle and place it on the cyclist.

The cyclist should rack their bike and then remove their timing chip and place on the ankle of the runner.

The finish

After you have finished your last lap, you will head into the finish chute. There will be containers for you to place your timing chip in at the finish area.

Medical support is available at the finish line if needed.

IMPORTANT:

You must remove your own timing chip and place in the buckets.

MORE ACTION THIS SUMMER



VOLVO
World Triathlon
Para Series
ABERTAWE | SWANSEA
2022

V O L V O

6 August 2022

Britain's first-ever standalone World Triathlon Para Series event will be hosted by the city of Swansea on 6 August 2022. The race will see Paralympic, World and European champions descend on Swansea, representing the pinnacle of paratriathlon competition.



**SUPER
SERIES**

**GRAND
FINAL**

20-21 August 2022

Being hosted in Sunderland for the first time, the city's seafront will provide a stunning setting for the 2022 British Triathlon Super Series Grand Final. It will be a weekend of elite racing for Senior, Youth & Junior and Para triathletes in the British Triathlon Super Series.



Post event

Medal and refreshments

At the finish line you will be able to collect your hard-earned medal, plus grab a drink of water. This will be self service and you will notice water will be provided in containers made from recycled materials, biodegradable plastic or recyclable cartons made of cardboard!

Transition check out

Once you have finished, don't forget to head back to transition to check your bike out.

You will need your race number and security wrist band to re-enter the transition area after your race.

Please be aware of other athletes still racing when you re-enter the transition area.

Once you have found your racking space and bike, tidy your area and leave the transition as soon as you can.

Results

Live timing will be available at **leeds.triathlon.org**

Provisional results will be available on the event website on Monday 13 June. Results will become final no later than Wednesday 15 June.

If you have a timing query after your race, please contact **leeds@britishtriathlon.org**

Ceremonies

Good news - Age Group medal ceremonies are back this year and will take place in the event village at the stage, near the big screen.

Awards will be presented at the following dates and times:

Saturday 11 June (12:00 – 12:30)

- TriStar
- Youth

Sunday 12 June (12:00 – 13:00)

- British Championship Age Group winners
- Yorkshire Championship winners
- Fastest Male and Female Sprint Distance (Sunday Sprint Only)
- Fastest Male and Female Standard Distance

Live results will be available on the website, so please keep an eye on these to make sure you are aware if you are a podium placed athlete and can attend the ceremonies.

Post event

Watch the world's best elite athletes

Once you have finished your own race, don't miss the chance to watch some of the world's best triathletes compete in the elite races - all in Roundhay Park.

Saturday 11 June:

- **World Triathlon Championship Series Men - 14:00**
- **World Triathlon Championship Series Women - 15:45**

Sunday 12 June:

- **Mixed Team Relay 13:30**

Big screens to watch the elite races will be located in the Roundhay Park Event Village.

Can't stay in Leeds on the Saturday and Sunday?

Live from BBC1 from 13:30 - 17:00 on Saturday 11 June for Elite Men and Women, and 13:00 - 15:00 on Sunday 12 June for the Mixed Team Relay.

Photos

Look out for our event photographers as you swim, bike and run your way around Roundhay Park for those all-important **FREE** race photos, courtesy of Yellow Jersey. You can find your photos online via this link:

Event Village

Triathlon is set to come alive at the Roundhay Park Event Village.

The Event Village will provide a central location for the local community and sports fans to soak up the action, cheering on both friends and family and, Saturday and Sunday afternoon, the world's best.

In close proximity to the transition zone, the Event Village enables participants to use Roundhay Park as a base for the whole event.

The Event Village will include the following:

- Registration and Help Desk, where participants can register and get any last minute information.
- A range of triathlon and non-sporting products.
- Mechanical support on hand to deal with any last-minute bike tweaks.
- A big screen to watch the action all weekend, with elite race coverage and commentary on Saturday and Sunday afternoons.
- A host of food and drink concessions and amenities.
- British Triathlon Activation, including a whole host of 'try it out' activities and challenges, chill out zones, family engagement, and some great prizes to be won.
- You can leave your bike safely in the Yellow Jersey bike park and grab your spot behind the barriers along the route or find a space in the Event Village to relax and watch the action on the big screen.

Come down and soak up the atmosphere!

Official Sun Protection Partner of:



CANYON
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High Performance Sun Protection
designed specifically for Athletes.

Trusted by IRONMAN Champions,
Olympic Gold Medallists, Grand
Tour Winners and elite performers
across sport.

**Get your sample from the British
Triathlon stand and find out why
the best choose Pelotan.**

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Additional information

Rules and competitor conduct

The Saturday and Sunday events are run under British Triathlon Competition Rules (see below)

COMPETITION RULES

It is the competitor's responsibility to know and abide by the rules; ignorance is not a defence against a penalty or disqualification.

Technical Officials will be present at the event to enforce these rules. A penalty board will be located in the finish area to advise you of any penalties accrued. It is your responsibility to check for any penalties awarded.

Permitted cycling equipment is outlined in the British Triathlon Competition Rules, section 5.

Time penalties and appeals

All penalties will be posted, during the race, in the finish area by the Technical Officials. It is the competitor's responsibility to check the penalty board.

Appeals against these penalties must be declared within 15 minutes of the posting of the penalty or finishing time, whichever is later, and made in writing to the Race Referee within one hour of the appeal being declared accompanied by £30.00 which is refundable if the appeal is upheld. Please note that to overturn a penalty you must be able to provide proof that the penalty was incorrectly awarded.

Littering

We are privileged to have been given permission to close many roads to stage the AJ Bell 2022 World Triathlon Championship Series Leeds.

As well as waste management being a key part of our sustainability efforts, it is not acceptable for residents to find, after the event, that their streets and gardens have been fouled with litter from athletes participating in the event or graffiti on the roads from spectators.

There are opportunities to discard litter at water stations on the run course. On the bike course, you should carry your used litter with you, not discard it on the roads. You will also find a large number of bins spread throughout the event to dispose of litter before and after your event.

As per British Triathlon Competition Rules, the penalty for littering is disqualification.

In addition, the organising committee for the event are working with Friends of Roundhay to deliver litter picking of the site both pre and post event. Please help by playing your part in preventing litter on site.

General rules

- Outside assistance is not allowed. Friends, family members, coaches or supporters may not bike, drive or run alongside an athlete, may not pass food or other items to an athlete.
- No phones, iPods, listening or recording devices are allowed on the course.
- Athletes who abuse Technical Officials or volunteers will be disqualified.
- Athletes who fail to follow the instructions of a Technical Official will be disqualified.
- If, in the view of the Technical Officials, an athlete is unable to complete a section of the course before the cut off time, they may be withdrawn from the race immediately.

Additional information

Anti-doping

British Triathlon works closely with UKAD and WADA to ensure triathlon remains a clean sport.

Doping Control will be performed in compliance with the World Triathlon Anti-Doping rules and WADA International Standard for Testing.

As per the UK Anti-Doping and the World Triathlon Anti-Doping rules any athlete competing at any level in the UK could be tested at any time and is subject to the UKAD and World Triathlon test distribution plans. It is an athlete's responsibility to be aware of the policies and procedures that accompany clean sport and the substances they put in their body. For further information please visit our British Triathlon Clean Sport Education page [HERE](#). You can search the prohibited status of medications by brand name (e.g. Lemsip Max Strength) using Global DRO. Global DRO allows you to search for medications purchased in the UK, USA, Canada, Australia, Switzerland or Japan to check its prohibited status.

Toilets

There are toilets within the Event Village in Roundhay Park and at the swim start for competitors as well as spectators.

There won't be toilets on the bike or run courses, but there will be toilets within Transition.

Lost property

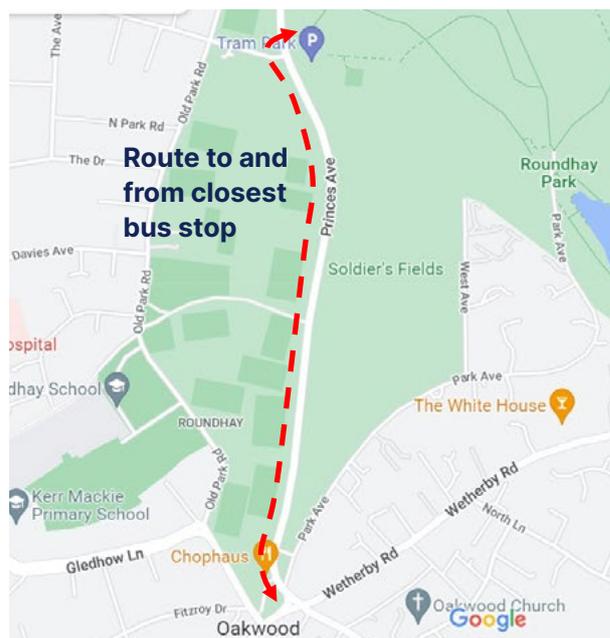
Please visit the Help Desk in the registration area of Roundhay Park Event Village on the day of the event. Alternatively, email us at leeds@britishtriathlon.org with a detailed description of your lost item(s).

Planning to travel by bus?

Due to the road closures in the area, the closest buses are able to get to the event are Oakwood Clock.

The 2 and the 12 buses which depart from Leeds City Centre will drop public 1km away from the venue entrance and public can walk along Princes Avenue to the venue entrance from there.

Return buses to the centre of Leeds will pick up from Oakwood Clock.



Still got a question?

We aim to answer all questions in this athlete handbook. Should you have further queries that are not answered in this document or to which you can't find the answer then please feel free to email leeds@britishtriathlon.org.

Additional information

Spectator information

Competitors will be able to watch the remainder of the events on the day they are competing.

Grandstand tickets are available to watch the elite races from the best seats in the house from here:

There are a variety of spectating areas in the park, including spots to watch the action live and coverage on big screens. Toilets and catering concessions are also available within the event village.

Big screens

On Saturday and Sunday, big screens, showing live coverage of the Championship Series Races, will be located in Roundhay Park. Catering facilities and other amenities will also be available.

Social media

There will be live updates during race weekend on our **Twitter @BritTri**, **Facebook /BritishTriathlon** pages. Please ensure you **"like"** the pages for up to date information and pass it on to your friends and family who may not be on site watching you.

Post about your journey before and after the event using **#WTCSLEEDS** and we'll share some of the best posts.

Volunteer information

Why not volunteer at AJ Bell 2022 World Triathlon Championship Series Leeds either before or after your race? Or why not ask your friends and family if they can volunteer at the event alongside supporting your competition?

For more information on our volunteers at Roundhay Park, click here:

#WTCSLEEDS



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Looking for your next challenge?

We've got you covered. With aquathlons, duathlons, triathlons, aquabikes, and more whatever your sporting background, there's an event that's right for you on our event search.





PROJECT
SERVATOR

Swim, bike, run. See, hear, report.

If something doesn't feel right tell security
or a Police Officer, and we'll do the rest.



Together, we've got it covered

To contact us phone **101** or via
www.westyorkshire.police.uk
In an emergency always dial **999**
 **@WYP_Servator**



**WEST YORKSHIRE
POLICE**

Saturday Sprint Route

Saturday 11.06.22

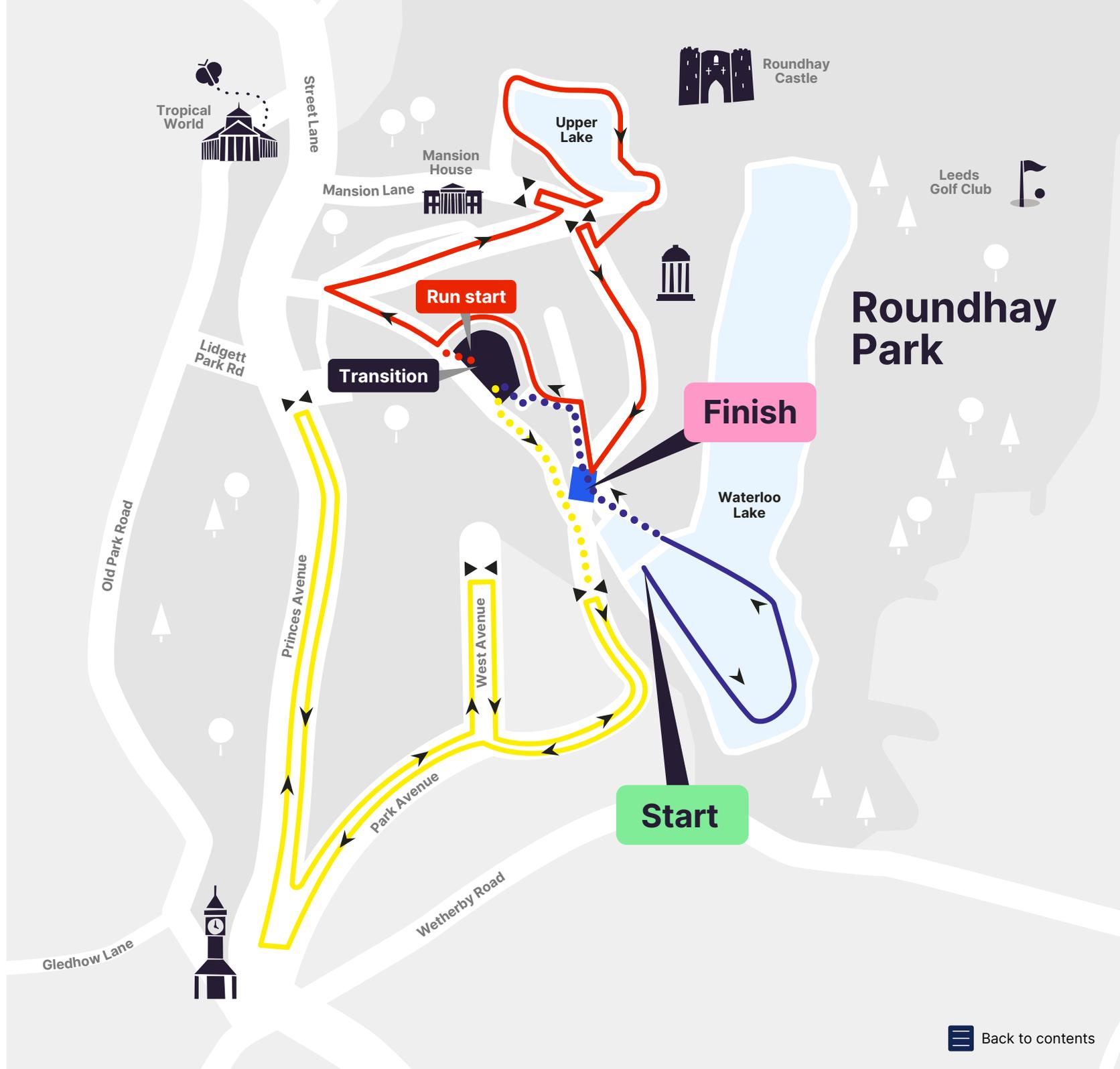
 750m = 1 laps

 18.4km = 4 laps

 5km = 2 laps

 Turning Point

 Directional Arrows





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GOTRI Route

Saturday 11.06.22

 200m = 1 lap

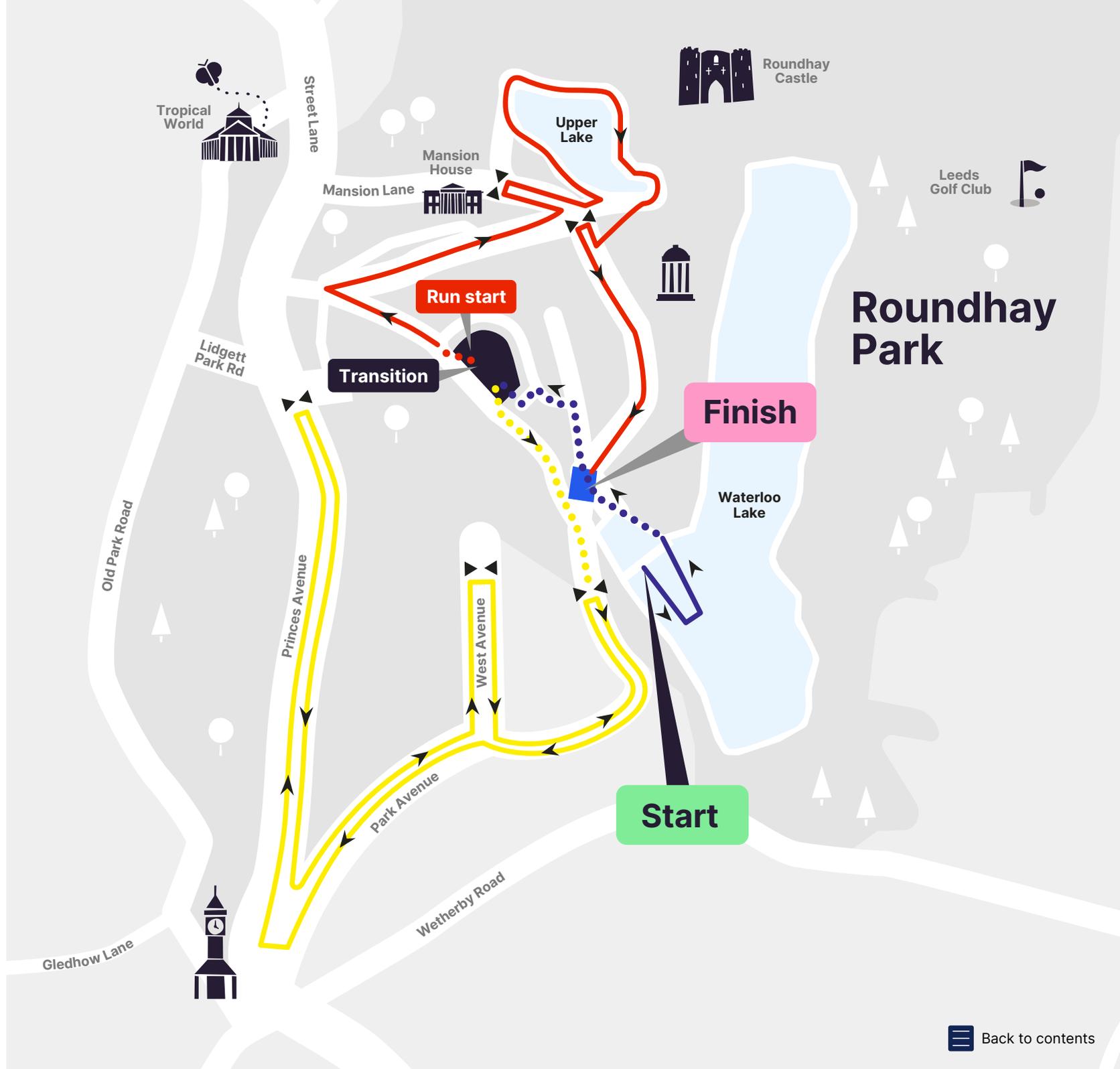
 9.5km = 2 laps

 2.5km = 1 lap

 Turning Point

 Directional
Arrows

Live and on-demand at
[Triathlonlive.tv](https://www.competitions.com/leeds2022)





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TriStar 2 Route

Saturday 11.06.22

 200m = 1 lap

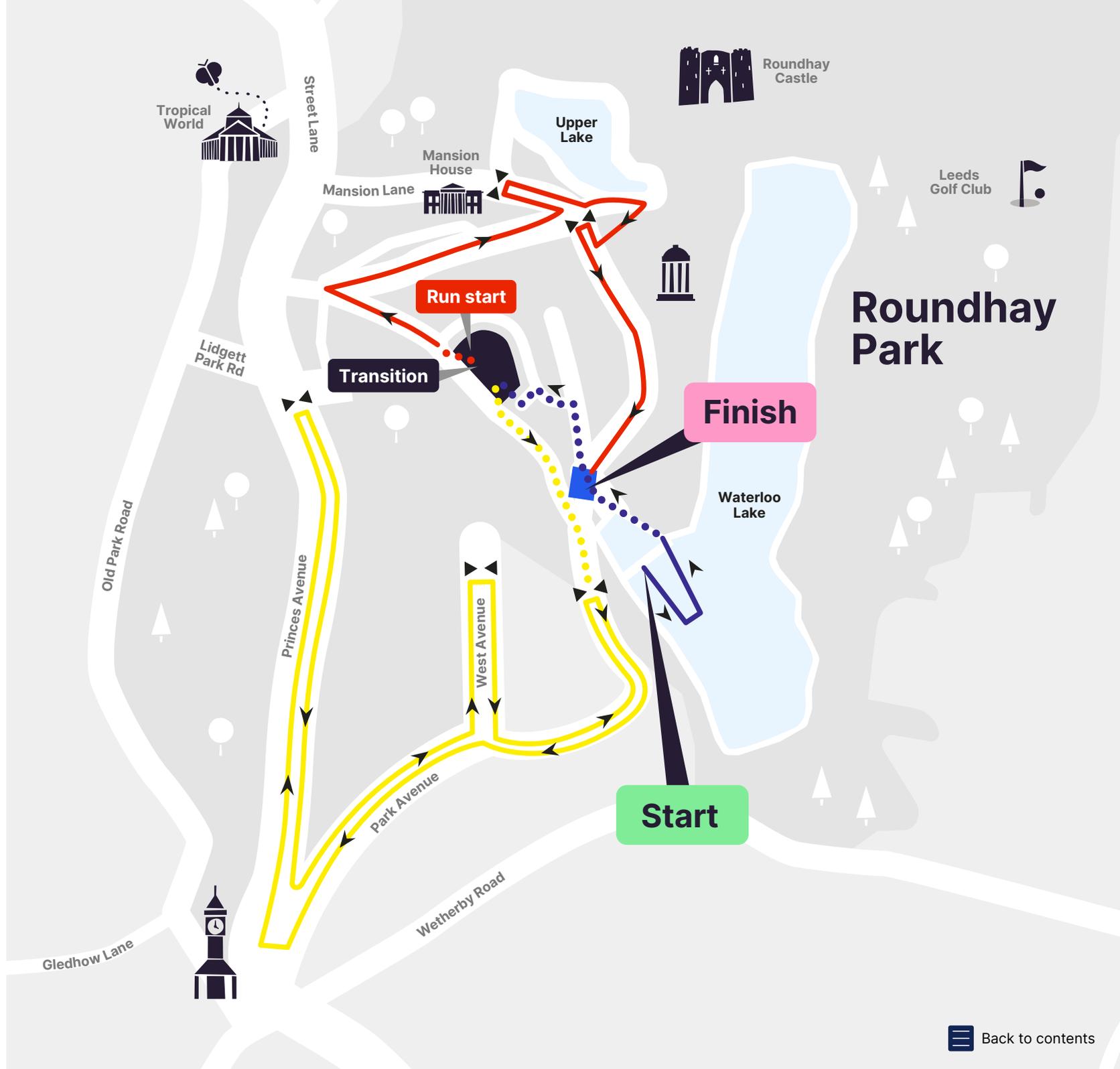
 5km = 1 lap

 1.7km = 1 lap

 Turning Point

 Directional Arrows

Live and on-demand at
[Triathlonlive.tv](https://www.cometlive.tv)



TriStar 3 Route

Saturday 11.06.22

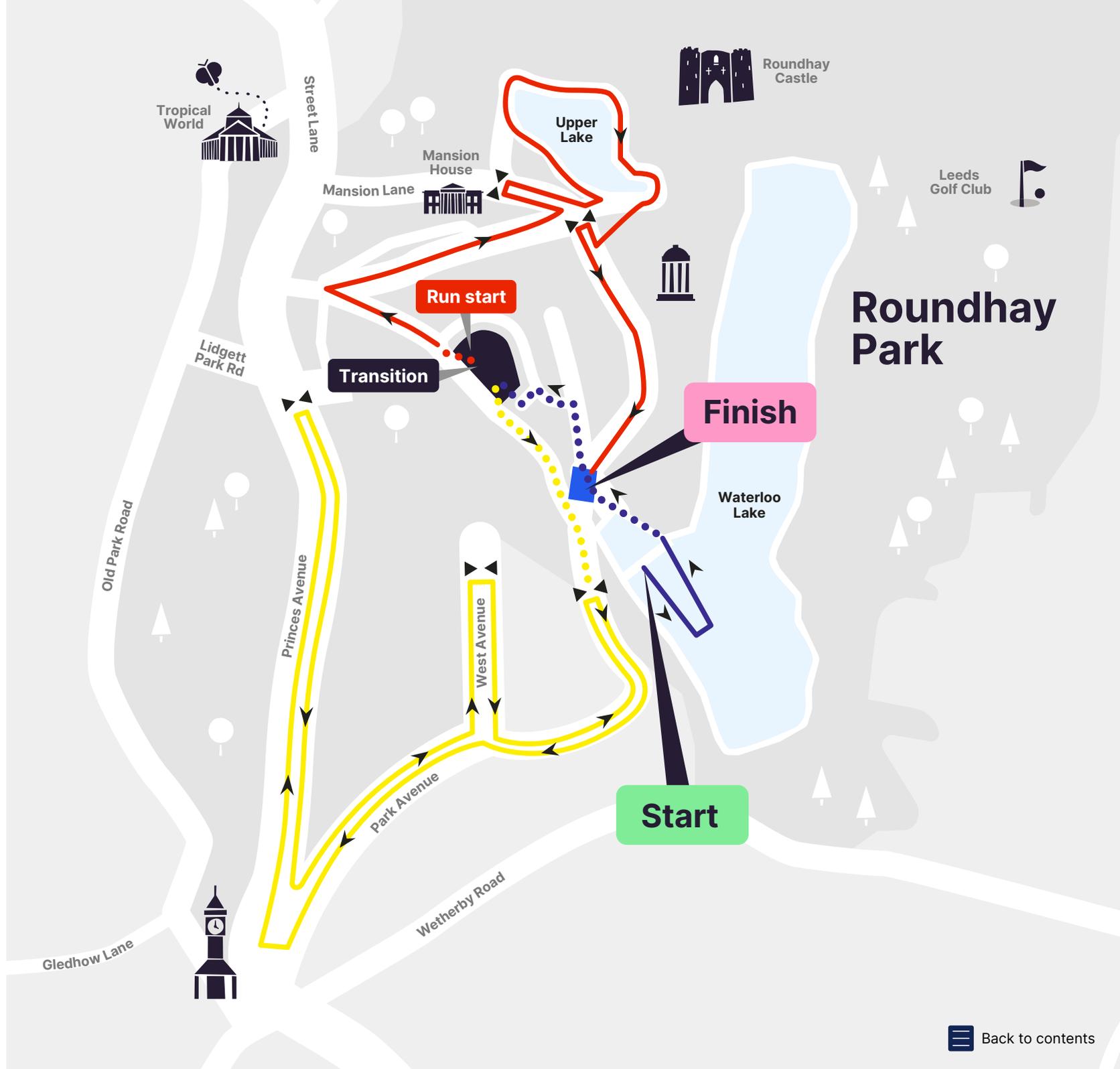
 300m = 1 lap

 5km = 1 lap

 2.5km = 1 lap

 Turning Point

 Directional Arrows





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Youth Route

Saturday 11.06.22

 200m = 1 lap

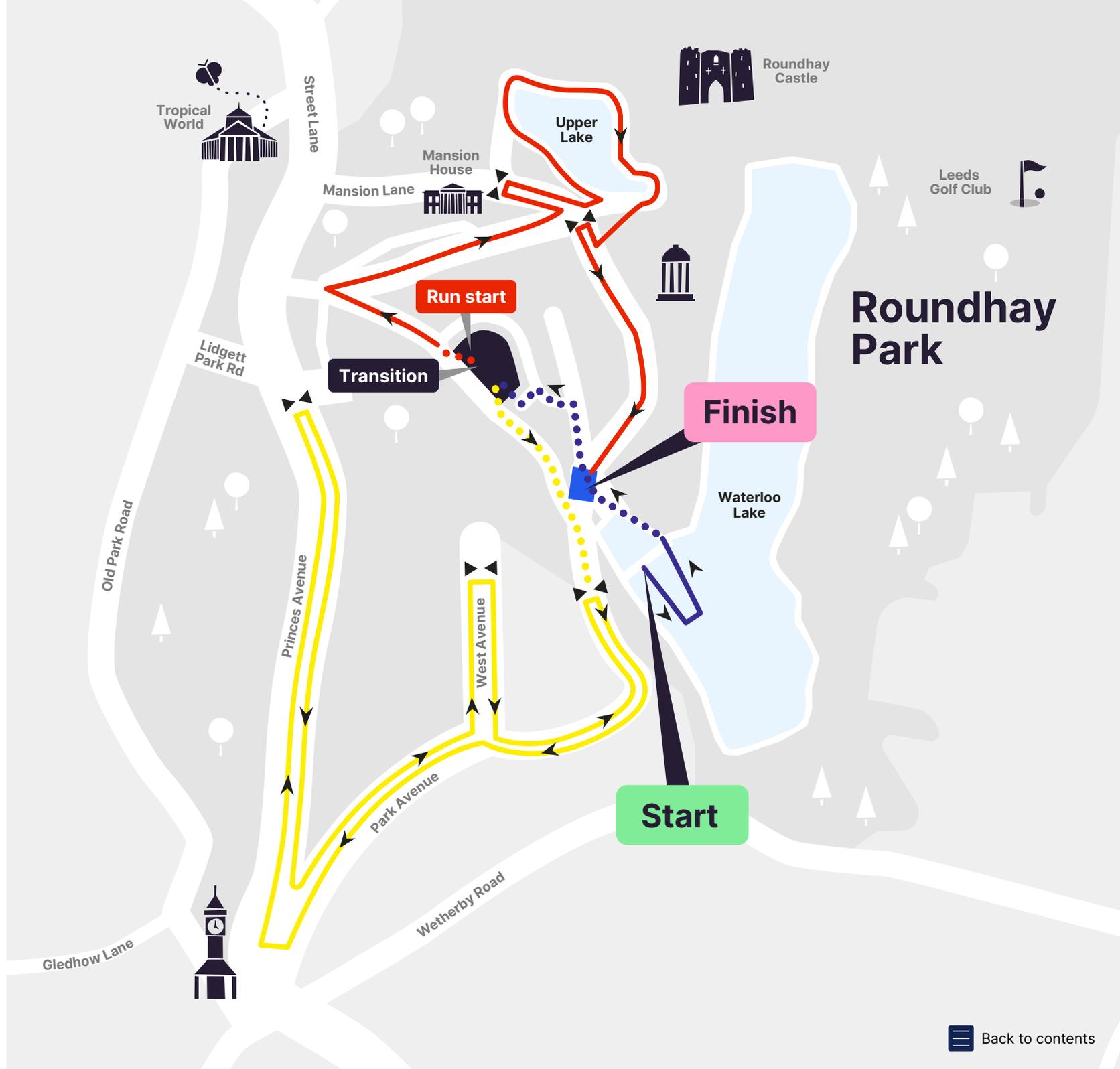
 9.5km = 2 laps

 2.5km = 1 lap

 Turning Point

 Directional Arrows

Live and on-demand at
[Triathlonlive.tv](https://www.competitions.com/leeds2022)



Sunday Standard Route

Sunday 12.06.22

 1500m = 1 lap

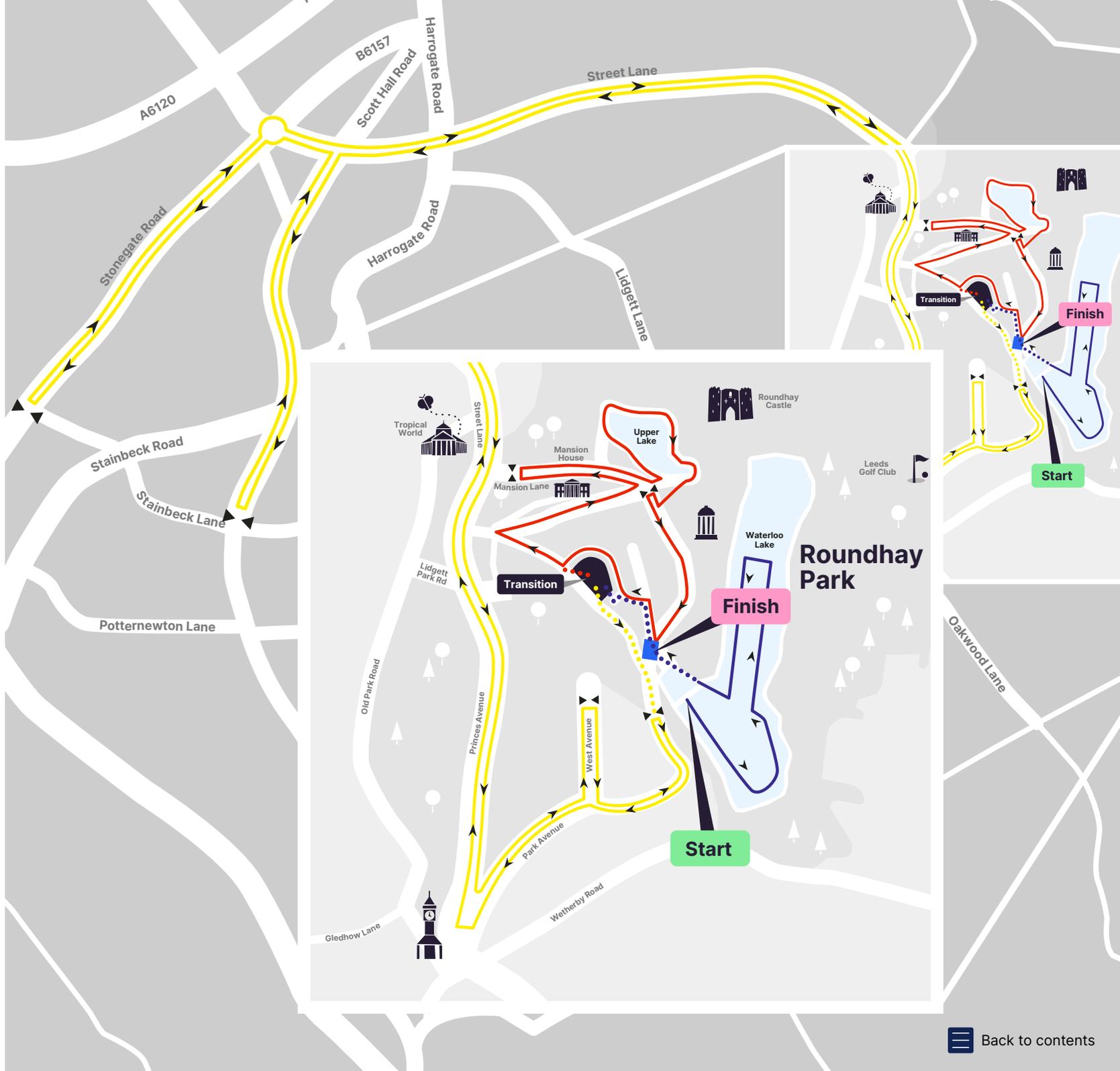
 36.2km = 2 laps

 10km = 3 laps

 Turning Point

 Directional Arrows

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Sunday Sprint Route

Sunday 12.06.22

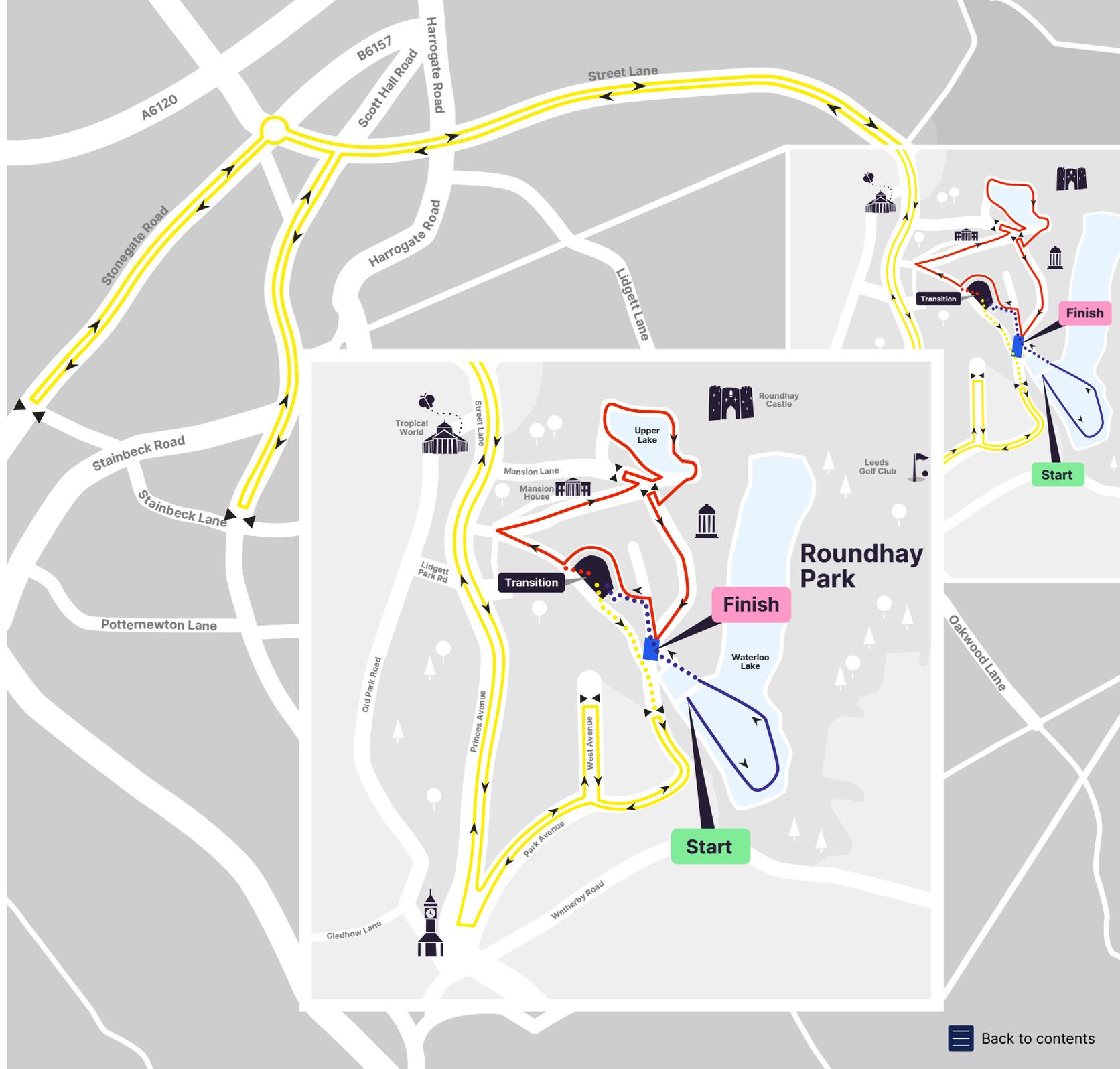
 750m = 1 lap

 18.4km = 1 lap

 5km = 2 laps

 Turning Point

 Directional
Arrows





2022 Event Schedule

YOKOHAMA

Japan

LEEDS

Great Britain

MONTREAL

Canada

HAMBURG

Germany

CAGLIARI

Italy

BERMUDA

Bermuda

ABU DHABI

United Arab Emirates





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