



World Triathlon
Championship Series
ABU DHABI
2021



Triathlonlive.tv



Elite Guide

5 - 6 November 2021 | Yas Island
www.abudhabi.triathlon.org



Welcome

I am delighted to welcome you back for the World Triathlon Championship Series Abu Dhabi presented by Daman – the second stop on your 2022 World Triathlon Championship Series journey.

Alongside the usual elite races, we are also excited to add the World Triathlon Para Championship to this year's event schedule for the first time. As a country dedicated to inclusion, we simply could not pass on the opportunity to host some of the most inspirational elite para triathletes from around the world here in the Capital. I know that the past year and a half has been a challenging time for many of you, and I am delighted that we are able to offer you a stage to compete at the highest level here in the UAE.

I speak on behalf of the whole community when I say that we are very much looking forward to watching you all race on 5 November - especially following so many incredible performances at the Tokyo Olympic and Paralympic Games earlier this year.

And of course, the 2022 season will finish in style back here in Abu Dhabi in just under a year's time, as we prepare to host the World Triathlon Championship Finals 2022. The journey to hosting the Finals began 7 years ago, in 2014, when we had the opportunity to host the first and only World Triathlon Championship Series event in the Middle East. As preparations continue, and our community of triathlon enthusiasts across the region grows, it brings me great pride to see our vision become a reality.

I would like to take this opportunity to thank you – the athletes – for your continued commitment and dedication to excellence, and for showcasing that here in Abu Dhabi.



I would also like to extend my thanks to our family of sponsors and stakeholders who are fundamental to the success of this event – most notably our presenting partner Daman, the UAE Triathlon Federation, as well as Miral and Yas Island who have once again provided a world-class venue for this event. A final thanks goes to our team of fantastic volunteers without whose support, the event would not be possible.

To each and every athlete toeing the line this weekend – good luck, race well, be safe and enjoy the experience!

HE Aref Al Awani
General Secretary,
Abu Dhabi Sports Council





**ADNOC
Marathon**
26 Nov 2021

**SPARTAN
WC LIWA**
3- 5 Dec 2021

**ABU DHABI HSBC
CHAMPIONSHIP
2022**

**FINA WORLD SWIMMING
CHAMPIONSHIPS**
16 - 21 Dec 2021

UAE TOUR
20 - 26 Feb

Welcome

Greetings and a warm welcome to the 2021 World Triathlon Championship Series and World Triathlon Para Championships Abu Dhabi.

It is a great pleasure to be back in Abu Dhabi for a sixth year with the World Triathlon Championship Series and to finish what has been such a momentous season in this spectacular venue. Olympic and World Champions past and present will take to the start line knowing that, in 12 months' time, it is on this very course that the next world champions of our sport will be crowned.

It was just ahead of our 2020 event here that the world was blown off course for the 18 months that has followed, which makes it all the more special to be able to close out this season like no other here on Yas Island, just as we will next year when Abu Dhabi hosts the Championship Finals.

We have seen brilliant racing and superb organisation here over the years and it is thanks to the hard work and commitment of the LOC and Abu Dhabi Sports Council that we are also able to stage the 2021 World Triathlon Para Championships, following their cancellation earlier this year with Italy unable to host the event.

Outstanding host cities like this allow World Triathlon to continue to be able to grow the sport, and we are grateful for the opportunity to hold events of this calibre in the Middle East, helping to ensure the races that the athletes deserve and develop triathlon around the globe in both profile and participation. Crowning the World Champions of para triathlon here will only further that progress and we look forward to more of the incredible action we witnessed from the very best in the sport during Tokyo 2020.

The vibrant city of Abu Dhabi and its iconic Yas Island venue provide a superb backdrop for all these events during a thrilling weekend of family-friendly sport for the community. After all, triathlon is a sport for everybody, regardless of age or gender.



I would like to thank our partners at Abu Dhabi Sports Council for their continued support and dedication to growing the sport of triathlon. Thank you to all of the Local Organising Committee members, the UAE Triathlon Federation, sponsors Daman, the volunteers and the city of Abu Dhabi for their help in putting this weekend together.

Good luck to all the athletes in reaching their goals and I hope everyone will enjoy the spectacle of another World Triathlon Championship Series Abu Dhabi.

Yours in sport,

Marisol Casado
World Triathlon President
IOC Member





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General Information

Key Dates

Wednesday 3 rd November:	Briefings Accreditation distribution
Thursday 4 th November:	Course familiarization Race package distribution
Friday 5 th November:	Race day (male and female elite)
Saturday 6 th November:	Race day (age group)



UAE's
Favourite

Schedule

Wednesday 3 November 2020

PARAs	16:00 - 17:30	Para Athletes Briefing	ZOOM
ALL	17:00 - 19:00	Accreditations' distribution	Yas Island Rotana Hotel
ELITE	18:00	Elite Athletes Briefing	ZOOM
ELITE	19:00	TO's Briefing	ZOOM

Thursday 4 November 2020

	05:11	PRAYER TIME	
	06:28	SUNRISE	
PARAs	08:30 - 09:00	PWC Bike Course Familiarization - Para	Race Village
PARAs	08:30 - 09:00	PTVI - PTS Run Course Familiarization - Para	Race Village
PARAs	09:00 - 09:30	PWC Run Course Familiarization - Para	Race Village
PARAs	09:00 - 09:30	PTVI - PTS Bike Course Familiarization - Para	Race Village
PARAs	09:30 - 10:30	Swim Course Familiarization - Para (all athletes)	Race Village
PARAs	10:30 - 11:30	PTWC Bike & Race Chair Check In	Race Village
		SANITISE	
	12:02	PRAYER TIME	
ELITE	12:00 - 13:00	Bike Course Familiarization - Elites	Race Village
ELITE	13:30 - 14:30	Swim Course Familiarization - Elites	Race Village
	15:13	PRAYER TIME	
PARAs	16:00 - 17:30	Para Athletes Pack Collection	Rotana Hotel, Yas Plaza
	17:36	SUNSET	
	17:36	PRAYER TIME	
ELITE	18:00 - 20:00	Elite Athletes Pack Collection	Rotana Hotel, Yas Plaza

Friday 5 November 2020

	05:11	PRAYER TIME	
	06:29	SUNRISE	
PARAs	06:15 - 08:00	Para Triathletes Lounge Check in (all athletes) (750m / 20km / 5km)	Race Village
PARAs	06:45 - 08:00	Para Triathletes Transition Check in	Race Village
PARAs	07:00 - 07:45	Para Triathletes Swim Warm up	Race Village
PARAs	07:45 - 09:00	PTWC Equipment removal from TZ	Race Village
PARAs	08:00 - 10:00	Para World Champs Race Start - Various Classifications	Race Village
PARAs	11:15 - 12:00	Para Medal Presentation	Race Village
PARAs	11:15	Para run course measurement	Race Village
PARAs	11:30	Medal Presentation Closes	Race Village
	11:30 - 12:30	SANITISE - Cleaning & Preparation for Elites	Race Village
ELITE MEN	12:30 - 13:45	Athletes Lounge check in - Elite Men	Race Village
	12:03	PRAYER TIME	
ELITE MEN	13:00 - 14:00	Transition check in	Race Village
ELITE MEN	13:15 - 14:00	Swim warm up	Race Village
ELITE MEN	14:11 - 15:11	Elite Men's Sprint Distance (750m / 20km / 5km)	Race Village
		SANITISE	
ELITE WOMEN	14:30 - 15:45	Athletes Lounge check in - Elite Women	Elite Athletes Lounge
ELITE WOMEN	15:15 - 16:00	Transition check in	Elite Transition
ELITE WOMEN	15:15 - 16:00	Swim warm up	Race Village
ELITE WOMEN	16:11 - 17:41	Elite Women's Sprint Distance (750m / 20km / 5km)	Race Village
ELITE WOMEN	17:45 - 18:50	Elite Coach Course Measurement	Elite Course
	15:13	PRAYER TIME	
ELITE MEN / WOMEN	17:50	Elite Men's / Women's Prize Giving	Race Village
	17:36	SUNSET	
	17:36	PRAYER TIME	
	18:30	Race Village Close	Race Village

Elite athletes' briefing

The athletes' briefing will be held online due to COVID-19 restrictions. It is not mandatory to attend. [Please register here:](#)

Date:

Wednesday 3rd November 2021

Time:

18:00 (Athletes)

Race pack distribution

Race packs will be distributed to all athletes on Thursday 4th November at the Yas Island Rotana Hotel according to the schedule below:

18:00	AUS, AUT, AZE, BEL, BER
18:15	BRA, BRN, CAN, CZE, DEN
18:30	ESP, FRA
18:45	GBR, GER
19:00	HUN, ISL, ISR, ITA
19:15	JPN, LUX, NED
19:30	NOR, NZL, POL, POR
19:45	ROU, RSA, SVK, USA, OTHER

Prior to collecting the race packs, all athletes must complete the World Triathlon COVID-19 Health Screening Process



World Triathlon Covid-19 health screening process

The event will follow World Triathlon's Health Screening process. In this case, the PCR test conducted at the airport will be considered as the pre-race test.

All individuals (except for the LOC, its volunteers and contractors) applying for an accreditation to World Triathlon events must respect the following conditions:

1. Fill in the online pre-event questionnaire through the link:
2. Find the World Triathlon Pre-event Covid-19 Screening Guide
https://triathlon.org/pre_event_covid_19_screening_guide

Key Contacts

Position	Contact Person	Contact e-mail
World Triathlon Team Leader	Thanos Nikopoulos	thanos.nikopoulos@triathlon.org
World Triathlon Technical Delegate	Howard Vine	viney@waitrose.com
World Triathlon Medical Delegate	Dr Yasser Hosny	yahosny@gmail.com
LOC Event Delegate	Gary Marescia	Gary@worldsport.ae
LOC Travel Management	Nirvana Travel UAE	wtad@ntravel.ae
COVID-19 Officer	Andrew Skinner	info@wts-abudhabi.com

Event Organizer

Company: Worldsport Arabia

Address: Main Stadium Offices -#48, Stadium Gate 40, Zayed Sports City, P.O.BOX 41553, Abu Dhabi, UAE

Telephone: +971 50 665 9780

Email: info@wts-abudhabi.com

Website: ABUDHABI.TRIATHLON.ORG





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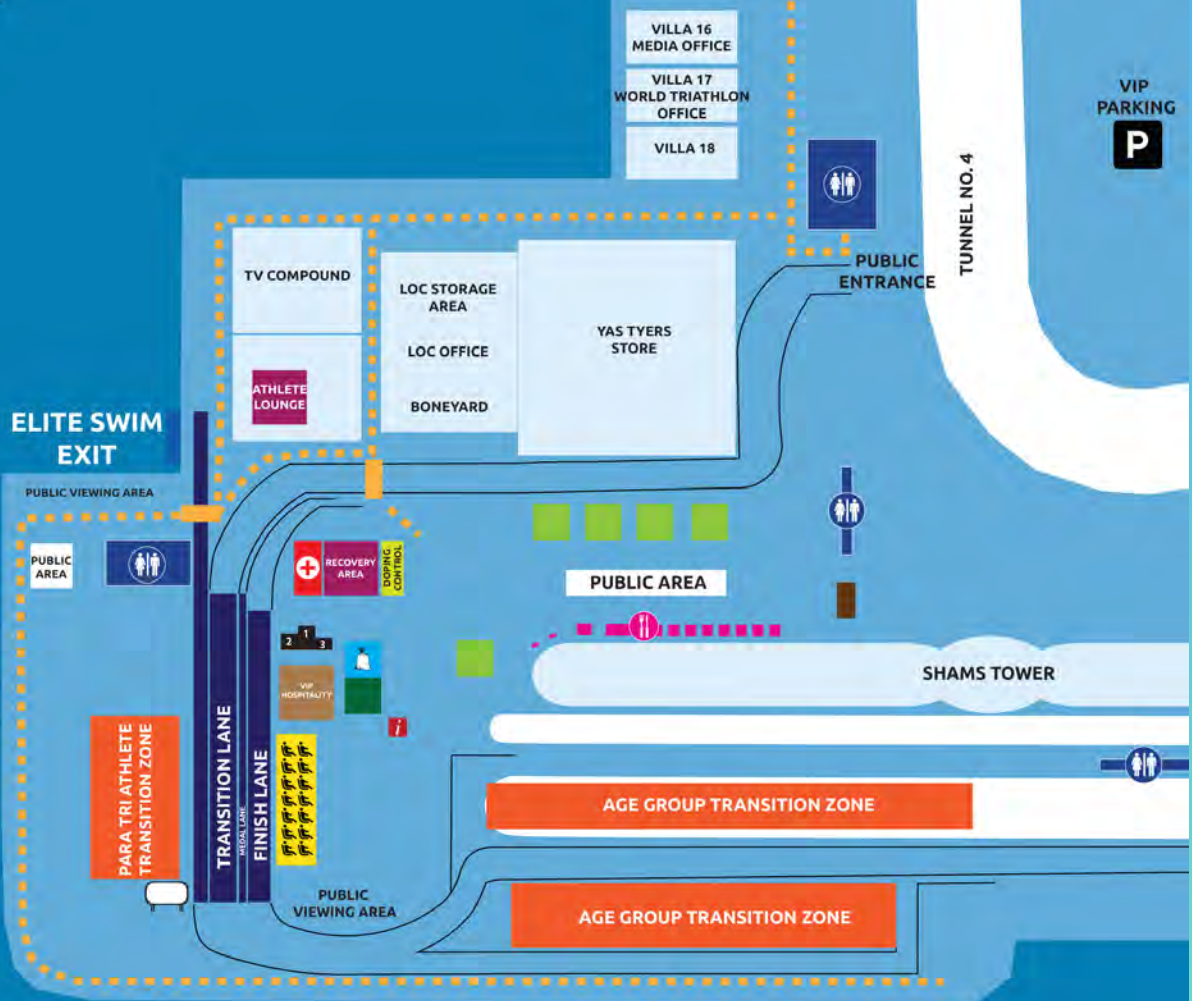
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ABU DHABI
2021



VENUE MAP

ELITE

ELITE SWIM
START



- | | | | |
|----------------|--------------|-------------------|--------------------|
| YOU ARE HERE | MEDICAL TENT | INFORMATION | PRIZE GIVING STAGE |
| GRANDSTAND | BIG SCREEN | SPECTATOR WALKWAY | TOILETS |
| FOOD VENDORS | REGISTRATION | EXHIBITORS | ATHLETE LOUNGE |
| VIP AREA | TRANSITION | PRAYER ROOMS | BAG DROP OFF |
| DOPING CONTROL | | | |

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Available at the event village:

Online - trisouq.com, [Namshi.com](https://namshi.com) | Abu Dhabi - Runners, Go sport | Dubai - Go sport, Runners, Absolute Run

Elite athletes' lounge

Facilities including the Athletes' Lounge and toilets are provided for the athletes at the start, and a recovery area is available in the finish area.

Elite athletes' lounge

- Course Familiarization: Thursday 4 November, 12:00 – 14:30
- Elite Races: Friday 5 November 12:30 – 18:00

Category	Date	Lounge open	Race start
Course Familiarization	Thursday 4 November	12:00 – 14:30	N/A
Elite Men	Friday 5 November	12:30 – 13:30	14:11
Elite Women	Friday 5 November	14:30 – 15:30	16:11

Doping control

Doping Control will be performed according to the World Triathlon / WADA rules. Doping Control will be located at the Finish area within the Race Village on Yas Island, next to the medical and recovery areas.

Bike mechanic services

Our bike partner 'Wolfi's Bike Shop' will offer bike mechanic support and will be available in the Race Village during athlete check-in on race day and course familiarization sessions at the athletes' lounge. Bike technical support will also be available outside of competition days according to the below schedule:

Date	Venue	Time Start	Time End	Athlete Category	Task Description
Tues 2nd Nov	Yas Plaza	12:00	17:00	Elite/Para Athletes	Bike assembly & Tech Support
Wed 3rd Nov	Yas Plaza	10:00	17:00	Elite/Para Athletes	Bike assembly & Tech Support
Thurs 4th Nov	Yas Plaza	13:00	18:00	Elite/Para Athletes	Bike assembly & Tech Support
	Race Village – Athlete Lounge	08:30	13:00	Elite/Para Athletes	Basic Bike Technical Support
Fri 5th Nov	Race Village – Athlete Lounge	06:00	14:45	Elite/Para Athletes	Basic bike tech support
	On Course - Wheel Stations	08:00	17:00	Elite/Para Athletes	Wheel station – team wheels



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Information center / LOC

The LOC Information Office will be located in the Athlete Village from Thursday 4 November – Sunday 7 November 2021.

Contact People:

LOC OFFICES	CONTACT PERSON	CONTACT NUMBER
LOC Athlete Manager	Grant Johnston	info@wts-abudhabi.com
LOC Travel & Athlete Services	Nirvana Travel UAE	wtad@ntravel.ae
LOC Operations	Jennifer O'Sullivan	+971 50 470 1794
World Triathlon Officials	Howard Vine	+44 7768 354 101
Venue Operations Centre	Steyn Momberg	+971 50 819 5865
COVID-19 Officer	Andrew Skinner	info@wts-abudhabi.com

Opening Hours:

DATE	INFO KIOSK: RACE VILLAGE
Thurs 4 November	08.00 – 20:00
Fri 5 November	06.00 – 18:30
Sat 6 November	05:00 – 18:30



Medical services

There will be First Aid and Emergency Medical Services at the Race Village on competition days, provided by our partners at VPS Healthcare. There will also COVID-19 isolation area at the Venue for any possible COVID-19 related symptoms.

Medical and Paramedical personnel will be available throughout the competition times. Several ambulances will be available to provide emergency transfer to hospital. A medical area will be provided on site at the Finish area within the stadium.

Medical services at the venue are free of charge. Treatment in clinics and practices is to be paid by the participants.

Athletes / teams should make sure that they have appropriate medical insurance.



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Accreditation

The LOC will provide all athlete, coaches, technical officials, journalists etc. with an official accreditation card according to the World Triathlon Event Operational and Technical Requirements.

Accreditation cards for the athletes and coaches will need to be collected in person on Wednesday night at the Yas Island Rotana Hotel between 17:00 - 19:00.

Only accredited people will be allowed to access certain venue areas. Accreditation cards are number-coded and provide access to specific areas of the competition. All accredited persons are requested to carry their accreditation cards with them at all times and to show them upon request.

If accreditations are not picked up at the time given above, they will be distributed at the race package distribution.

Security

YMC Security will be responsible for the venue security and Field of Play Crossings (FOP) inside Yas Marina Circuit. Marshals will assist and patrol around the Field of Play on race days and traffic management services will be in place on internal roadways at Yas Marina Circuit for any course use / crossings of these internal roadways.



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Travel Information

Official hotels

The event has five official hotels ranging from 3 to 5 star, all located within easy access to the Athletes' Village and the Race Village.

Hotel rates, 29 October – 11 November

Hotel	Rating	Bed & Breakfast		Half Board		Full Board	
		Single	Double	Single	Double	Single	Double
W Yas Island	5*	USD 217	USD 237	NA	NA	USD 326	USD 452
Crowne Plaza	4*	USD 139	USD 162	USD 155	USD 185	USD 198	USD 283
Radisson Blu	4*	USD 139	USD 162	USD 155	USD 185	USD 198	USD 283
Yas Rotana	4*	USD 139	USD 162	USD 155	USD 185	USD 198	USD 283
Park Inn	3*	USD 115	USD 126	USD 133	USD 159	USD 177	USD 247
Yas Centro	3*	USD 115	USD 121	USD 128	USD 155	USD 177	USD 242






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Hotel terms and conditions

- Above rates are per room per night basis
- Rates are inclusive of 10% service charge, 6 % tourism fees and 4% municipality tax
- Rates are inclusive of 5% VAT applied on Room Rate + Service charge
- Rates are inclusive of AED 15/- per room per night tourism dirham fees
- Any additional taxes, fees, levies and/or surcharges imposed by the government authorities, and as and when they are effective, shall be applicable in addition to the rates and any other applicable charges mentioned in this agreement.
- Kindly note that all guests will be asked for a Passport copy upon check-in, the hotel is not allowed by law to check anyone into the hotel without a copy of the passport.
- Please note that the check in time is 15:00 and checkout time is at 12:00 noon
- Please note the cancellation policy below:

Cancellation	Penalty
Any cancellation before 24 days prior to arrival	No penalty
Any cancellation within 24 days prior to arrival	100% of estimated revenue will be charged

For all your accommodation and travel enquiries, book directly through our travel partner portal <http://wtad.oneviewitsolutions.com/>

Entering Abu Dhabi – Visa Requirements

Visa Requirements are based on your country of citizenship – you may receive a visa on arrival, or you may be required to apply for a visa prior to your trip. For More information please visit: <https://www.visitdubai.com/en/plan-your-trip/visa-information>

Entering Abu Dhabi – Covid precaution measurements

Abu Dhabi remains to be the safe awe-inspiring and culturally rich destination you last visited. We are now open to all vaccinated travellers and ready to welcome you. Find out about the procedures to keep you safe whilst travelling to and across our emirate. It is your responsibility to ensure that you comply with all Abu Dhabi regulation to enter the emirate. For more information, visit: <https://wtad.oneviewitsolutions.com/WTAD/covid-travel-advise.html>

Accessing Abu Dhabi destinations

In order to enter all malls, restaurants, public spaces and entertainment destinations in Abu Dhabi (with the exception of the Race Village), you will be required to install the Al-Hosn App on your mobile device. Once downloaded, please register as 'visitor' by entering the UID number from your entry visa. Your Al-Hosn app must be green to access all Abu Dhabi locations. For more information visit: <https://alhosnapp.ae/en/home/>

Please find below a video explaining how to start the App and all precautions information's <https://www.youtube.com/watch?v=TQb6XmYy5JM>



The LOC will provide free transportation for the elite athletes and their team officials from Abu Dhabi Airport (AUH) to any of the official partner hotels, and back to the airport.

Transfers from Dubai International Airport (DXB) will be provided at a subsidized rate as per the below table.

To book a transfer - please follow this link: <https://wtad.oneviewitsolutions.com/WTAD/transfer-details.html>



PCR Test facilities at hotel

For the Event, there will be a central testing station at the hotel / s for PCR tests that will be needed for event and travel purposes. Current PCR test needed for access to the Event is a valid 48 hour test (plus the Alhosa app). More information will be provided closer to the event.

Weather Conditions

The climate in Abu Dhabi during November can be summarized as hot and very dry. November is in the fall / autumn in Abu Dhabi and is typically the 5th coldest month of the year. Daytime maximum temperatures average around 30°C (87°F), whilst at night 19°C (66°F) is normal.

Banking

Banks and ATM's can be found at

- All official hotels in Yas Plaza
- Yas Marina Circuit - next to Johnny Rockets at Yas Central
- Yas Mall
- Yas Marina

Shuttle schedule

A shuttle service will be provided from the Official Hotels to the Race Venue for familiarization and race day. Details around the shuttle service will be released soon.



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World Triathlon
Championship Series



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World Triathlon Championship Series

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Training

Swimming

MBZ Sports Center Pool (25m & 50m)

Tuesday 3 November

- 15:00 - 17:30pm - 2 lanes (25 M, Max 8 pax/lane)

Wednesday 4 November

- 08:00 - 11:30am - 2 lanes (50 M, Max 10 pax/lane)

Thursday 5 November

- 5:00 - 17:00pm - 2 lanes (25 M, Max 8 pax/lane)

Prior booking essential in order to secure a 30min time slot

- 50m Pool = max of 10 swimmers per lane
- 25m Pool = Max of 8 swimmers per lane
- To book a 30min time slot, please e-mail info@wts-abudhabi.com with the subject line MBZ Pool - Booking Request

Yas Beach (Sea Swimming)

- 10 minute walk from the Official Hotels
- Opening times: 10am – 7pm
- Price: Free for Yas Island Hotel Guests
- Price: General public: AED 60 on weekdays, AED 120 on weekends
- Contact: +971 56 242 0435, info@yasbeach.ae

Unofficial Training Facility

Staybridge Suites & Crowne Plaza Pool

Whilst the Staybridge Swimming Pool has in the past been utilised by Elites for swim training, please note that this is not an official swim training facility for the World Triathlon Abu Dhabi. Should you choose to use this pool for your training you will need to take note of the following:

1. If you are a guest at the Staybridge or Crowne Plaza hotel you will be allowed to use the pool at no charge however it is advisable to check in at Staybridge reception before you enter the pool if you wish to train.
2. If you are not a guest at the Staybridge or Crowne Plaza, you will need to go to the reception at the Staybridge to request a ticket to swim in the pool, there will be a charge of AED 65 for the use of the pool per athlete.
3. It is advisable to avoid peak periods to avoid congestion in the pool from other guests, but please note that the pool closes at 7pm every day.



Cycling and Running

Yas Marina Circuit - home of the Abu Dhabi Grand Prix

- Tuesday 3 November
- Floodlit, 5.55km loop for running and cycling
- Opening times: Sunday 6 - 10pm, Tuesday 6 - 10pm, Wednesday (LADIES ONLY) 6 - 9pm
- Price: Free of charge to the public, but all participants must register on arrival or pre-event by clicking [here](#), with a passport ID
- Bikes are available for hire (ID required). Helmets must be worn on the circuit
- Current access protocol - In line with government directives, Yas Marina Circuit is aligning its precautionary measures across the venue to ensure the health and wellbeing of visitors. Effective Friday 20 August 2021, only visitors, customers and clients who can present the green pass on their Al Hosh app will be able to access Yas Marina Circuit. Checks will be completed at all security gates to access the circuit. This applies to those aged 16 years and above. Please check the status on the Al Hosh app before arriving at the venue. [Click here](#) for more information about our precautionary measures or call 800 927.

Zayed Sports City

- 400m running track
- Opening times: 24 hours a day, 7 days a week
- Price: Free of charge
- 22km from Race Hotels
- Please note that there may be football practices going on inside the track during busy times





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Course Familiarization

You will require accreditation in order to access the venue for Familiarizations - Please ensure you collect your accreditation in person on Wednesday evening as detailed under the Accreditation section of this guide.

Bike

You will be able to familiarize yourself with the bike course on Thursday 4 November from 12:00 – 13:00. Athletes should gather at The Athletes Village, Yas Marina Circuit. Please note: the official race course is otherwise not open for training before the races. The race courses in general are NOT suitable for training.

Swim

You will be able to familiarize yourself with the swim course on Thursday 4 November from 13:30 – 14:30. Athletes should gather at The Athletes Village, Yas Marina Circuit. For sake of ease, athletes may wish to enter and exit the water from Swim Exit pontoon. The whole elite swim course will be available, including access to the Start Pontoon, however, access by foot to the start pontoon will be via the marina walkway. Please note: it is forbidden to swim outside the test swimming zone at any time due to safety restrictions.



Competition Information

Competition Rules

The race will follow the latest published competition rules of the International Triathlon Union.

General Rules at Competition Site

It is mandatory to use face masks and maintain social distance due to organizers and World Triathlon hygienic concept at all times during competition days at the venue. The only exception for athletes is the immediate competition time starting with the access to the start pontoon, ending with the access to Athletes Lounge after finish.

YMC have enhanced all activities at the circuit to operate under a number of Government agreed guidelines. Participants are to abide by the following directives around Yas Marina Circuit.

- Temperature checks will be carried out on entry to the circuit.
- Face masks to be worn at all times unless on the track itself.
- Participants must maintain social distancing at all times.
- AL HOSN APP - "GREEN PASS" In line with government directives, only visitors, customers and clients who can present the green pass on their Alhosn app will be able to access Yas Marina Circuit.



In addition to this there are the following specifications:

Wheel stations:

- At the neutral wheel stations, all wheels will be disinfected before being delivered to the specific locations. An athlete in need of a spare wheel will be directed by the TO to the proper wheel which can be picked up by the athlete.
- At the team wheel station, the volunteers and TOs present at that location must not have any contact with the team wheels. The team representatives are responsible for disinfecting the wheels prior to depositing them at the wheel station. An athlete in need of a spare wheel will be directed by the TO to the proper wheel which can be picked up by the athlete. In both cases, the wheel that is left behind by the athlete will be disinfected by the TO before being deposited at the station.
- Technical officials will wear masks/mouth-nose face covering and rubber / disposable gloves



Finish Area:

- Timing chip removal must be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area.
- Medallist photo at the post-finish area is not allowed.
- All recovery stations will be self-served.
- Food provided will be individually wrapped.
- Massage facilities will not be provided.
- Athletes must avoid lying or sitting down on the blue carpet (without any medical need/problems). A minimum number of volunteers will be available to support the athletes and make sure that the athletes are not congregating at the post finish area. These volunteers will wear rubber/disposable gloves and masks/mouth-nose face covering.
- Masks will be distributed to the athletes to wear at their earliest convenience.

Swim Warm-Up:

Masks must be worn until accessing the water. After warming up, masks will be provided to wear until the start of competition.

Medal Ceremonies:

Medal ceremonies will be performed according to the COVID-19 guidelines for medal ceremonies that can be found on the World Triathlon COVID-19 Guidelines for Event Organizers.

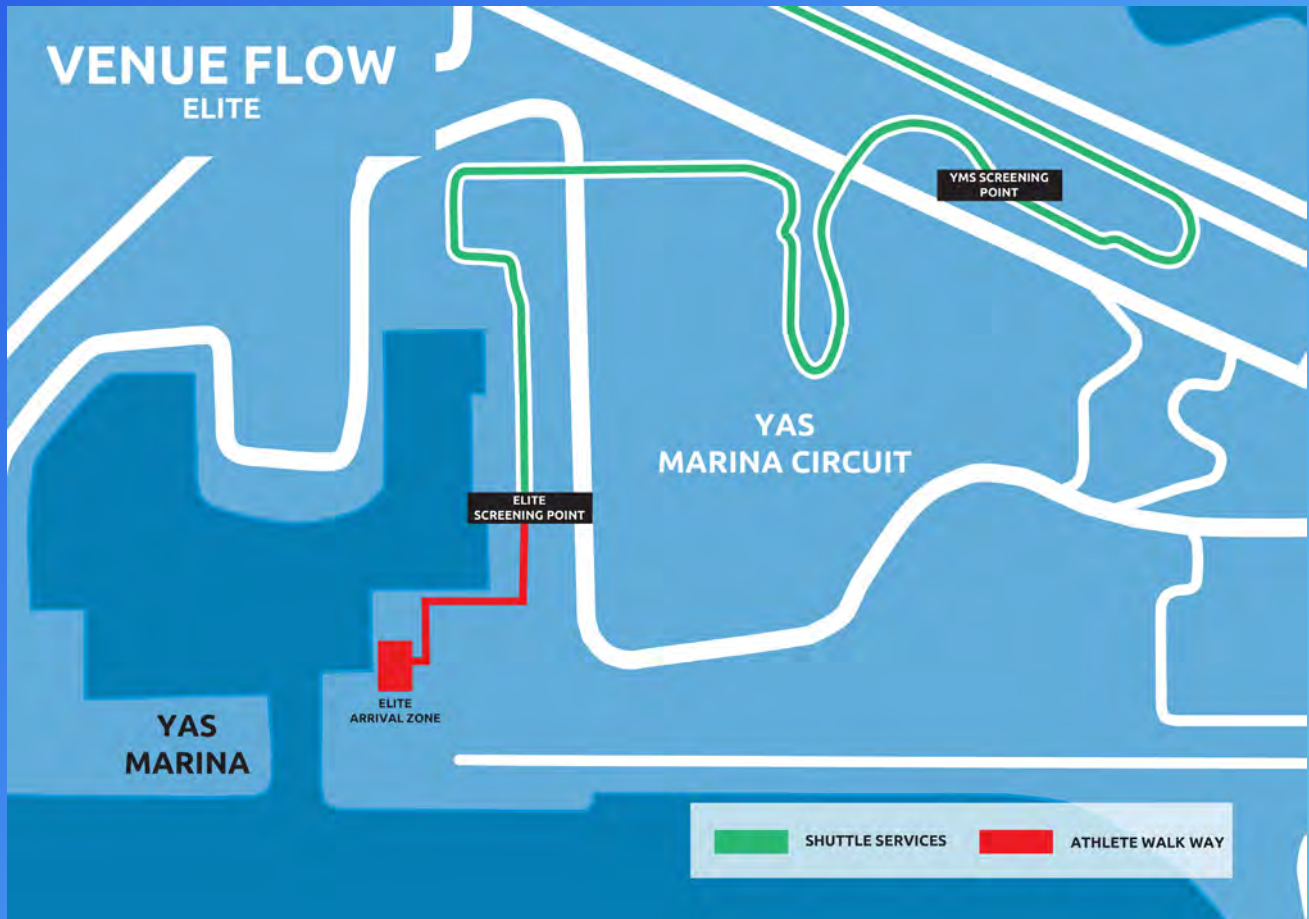


Choosing the right gear makes all the difference
just ask 5-time ITU World Champion, **Javier Gómez**

RŌKA

Available at the event village:
Online: trisouq.com

Wayfinding Route – From West Gate Entrance



Race Course



Start

- The start area is in front of the W Hotel within Yas Marina.
- Athletes will start from a pontoon (0.6m high) and stand in a starting position approximately 70cm wide.
- The Head Referee with the assistance of World Triathlon Technical Officials, who are assigned to the start, will start the Swim Course.
- Athletes are required to leave their last-minute gear at the swim start inside a dedicated box and the LOC will carry those bags back to the Athletes' Lounge.

Swim Course

- The swim will take place in front of the W Hotel within Yas Marina, a short walk from the race village.
- The swim start will be a dive start off the pontoon.
- The course will comprise of 1 lap of 750m in an anti-clockwise direction.
- The course will be marked with Orange and Red buoys. Athletes will pass Orange buoys on their LEFT side, and Red buoys on their RIGHT.
- The exit ramp will take the athletes up to the race village and transition.
- The average water temperature at this time of the year is approximately between 26 – 30 degrees Celsius.

Bike Course

- The cycle course will comprise of 5 laps of 4km, passing through the race village, directly in front of the grandstand at the end of the lap.
- On exiting the race village, athletes enter the pit lane and immediately do a U-turn down through the pit lane tunnel and up the other side out onto the F1 circuit.
- Athletes then cycle on part of the Yas Marina circuit in a clockwise direction before exiting the circuit onto the road joining the circuit to the drag strip.
- At the bottom of this road the cycle route sweeps onto the drag strip back towards the race village
- At the end of the drag strip on approaching transition there is a sharp left followed by a sharp right turn back through the transition area in front of the spectators on the grandstand at the end of each lap.

Contingency Route in case of rain



Wheel Stations

There are two wheel stations on the bike course. The first station will be the team station where you can leave your own wheels, and the second station is a neutral wheel station with wheels provided by the LOC. The wheels will be collected from the athletes' lounge and be transferred by the LOC to the team wheel stations and be returned back to the recovery area.

Penalty Box

The penalty box is situated 20 meters before the entrance to the Transition / Finish area.



Run Course

- A clockwise course, consisting of 2 laps of 2.5km.
- Athletes will exit transition and follow the cycle route down through the pit lane tunnel and up the other side out onto the F1 circuit.
- Athletes now follow a portion of the cycle course they have just finished on the Yas Ma rina circuit before exiting the circuit onto the road joining the circuit to the Drag Strip.
- At the bottom of this road the athletes will join the Drag strip following the same route as the cycle back through transition in front of the spectators on the grandstand at the end of lap 1.
- At the end of lap 2 the athletes turn right onto the blue carpet in the finish chute immediately before transition

Aid Stations

There are three aid stations located on the run course, with Aid markers.

Protests and Appeals

Standard procedures will be followed according to the World Triathlon Competition Rules.

Results

Results will be uploaded live to the World Triathlon's official website: www.competitions.com. All the results information will be distributed to the Team Leaders at the LOC Information Office.

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Water Quality Analysis

Water Quality Analysis – E.Coli

Date of Sample	Location A	Location B	Location C	E.Coli limit (NMP/100mL)
14/09/2021	Not detected	Not detected	Not detected	<250

Water Quality Analysis – Enterococci

Date of Sample	Location A	Location B	Location C	Enterococci limit (NMP/100mL)
14/09/2021	Not detected	Not detected	Not detected	<100

Water Quality Analysis – Ph

Date of Sample	Location A	Location B	Location C	PH limit
14/09/2021	7.9	7.9	7.9	6 to 9-

Summary

The water quality tests meet World Triathlon standards.



